FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

/ashington,	D.C.	20549	

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Halliday Sarah A  (Last) (First) (Middle)  52 SOUTH BROAD STREET					- N	2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [ NBTB ]  3. Date of Earliest Transaction (Month/Day/Year) 05/21/2024										below)	able) - (give title		on(s) to Issu 10% Ow Other (s below) m Banking	vner pecify
(Street)			13815		4.	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	Individual or Joint/Group Filing (Check Applicable ne)  X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(City) (State) (Zip) Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.  Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of S	Security (Inst		DIE I - NOI	1		saction		2A. Deemed Execution Date.		3. 4			urities A	cquirec	l (A) or	5. Amour Securities		6. Ownership Form: Direct		7. Nature of Indirect
					(Month/Day/Year)		if any (Month/Day/Yea		Code (Instr.					. 5, 4 and	Beneficia Owned Fo	Beneficially Owned Following Reported		r Indirect str. 4)	Beneficial Ownership (Instr. 4)	
										Code	v	Amou	nt	(A) or (D)	Price	Transacti (Instr. 3 a	tion(s)			
NBT Bancorp Inc. Common Stock				05/2	21/2024					A		2,75	,758(1)		\$0.0	30,	30,727		D	
NBT Bancorp Inc. Common Stock				05/2	21/2024					A		3,00	3,000(2)		\$0.0	33,727		D		
NBT Bancorp Inc. Common Stock															7,075	5.316		I	401k	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	Title of 2. 3. Transaction 3A. Deemed erivative Conversion Date Execution Date, Transaction or Exercise (Month/Day/Year) if any Co			4. Transa Code (	5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)				7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	Code V		(D)	Date Exer	rcisable	Exp Date	iration	Title	Nu	nount or mber of ares					
Phantom Stock	(3)									(3)		(3)	NBT Bancor Inc. Commo	4,9	981.947		4,981.9	947	D	

## **Explanation of Responses:**

- 1. Pursuant to NBT Bancorp Inc. Omnibus Restricted Stock Unit Agreement the grant vests 20% annually.
- 2. The award is in the form of restricted stock units which represents a contingent right to receive one share of NBT Bancorp Inc. common stock for each stock unit awarded. The restricted stock units vest in full as of the third anniversary of the Grant Date and may not be settled in cash.
- 3. Each share of phantom stock is deemed invested in one share of NBT Bancorp Inc. common stock pursuant to the terms of the Deferred Compensation Plan.

By: Annette L. Burns, Power of 05/22/2024 Attorney For: Sarah A. Halliday

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.