FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	OMB /
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number

V V	asılıngıdı,	D.C. 2004	9	

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Name and Address of Reporting Person* Sparks Martin Randolph			2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]							k all app Direc			10% Ov	vner					
(Last) (First) (Middle) 52 SOUTH BROAD STREET				3. Date of Earliest Transaction (Month/Day/Year) 03/18/2024						X	below	cer (give title ow) P.General Coun		Other (specify below) sel,Secretary					
(Street) NORWICH NY 13815				4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(Sta	ate) (Z	Žip)		$ _{\Box}$	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - Nor	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	3ene	ficiall	y Own	ed			
1. Title of Security (Instr. 3) 2. Transar Date (Month/Date			Executi ay/Year) if any		cution y	ution Date, Tra		Transaction Disposed Of (E Code (Instr. 5)		es Acquired (A) or Of (D) (Instr. 3, 4 a				ties Fo cially (D d Following (I)		: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) (D)	or	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)
NBT Ban	corp Inc. C	ommon Stock		03/18/	3/2024				A		3,433(1)	1	4	\$0.0	12,000			D	
		Tal									osed of, o				Owne	d	,		
1. Title of Derivative Conversion or Exercise Price of Derivative Security			4. Transaction Code (Instr. 8) Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		vative urities uired or osed) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)		De Se (In	Price of rivative derivative str. 5) Securities Beneficia Owned Following Reported Transacti (Instr. 4)		y (10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amo or Num of Shar	ber					

Explanation of Responses:

1. Pursuant to NBT Bancorp Inc. Omnibus Performance Unit Agreement, each member of a select group of Management is entitled to receive an award based on Company performance goals in the form of restricted stock units that vest one year following the end of a performance period.

> By: Annette L. Burns, Power of Attorney For: Martin

Randolph Sparks

03/18/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.