FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| Machinaton  | D C  | 20540 |
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| Washington, | D.C. | 20549 |

| <b>STATEMENT</b> | OF CH  | ANGES IN | I RENEE | ICIAI | OWNERSHII    | P |
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| OMB APPROVAL             |     |  |  |  |  |  |  |  |  |
|--------------------------|-----|--|--|--|--|--|--|--|--|
| OMB Number: 3235-0287    |     |  |  |  |  |  |  |  |  |
| Estimated average burden |     |  |  |  |  |  |  |  |  |
| houre per reenonee.      | 0.5 |  |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| Name and Address of Reporting Person*     Stagliano Joseph R |                                 |                   |                                 |                      | 2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [ NBTB ]  3. Date of Earliest Transaction (Month/Day/Year)  |       |   |               |             |  |  |   |   |  | ck all applica                              | ,  |                                       | 10% Ow<br>Other (s                                  | vner |
|--|---------------------------------|-------------------|---------------------------------|----------------------|---|-------|---|---------------|-------------|--|--|---|---|--|---|--|---------------------------------------|---|------|
| (Last) 52 SOUT   | F<br>TH BROAD                   | irst)<br>O STREET | (Middle)                        |                      | 05/21/2024  |       |   |               |             |  |  |   | ,                                       | & Presid   | ent of                                      | NBT Bar  | nk                                    |   |      |
| (Street)   | CH N                            | Y                 | 13815                           |                      | 4. If Amendment, Date of Original Filed (Month/Day/Year)  |       |   |               |             |  |  |   | Line)                                   | ndividual or Joint/Group Filing (Check Applicable  X Form filed by One Reporting Person Form filed by More than One Reporting Person |   |  |                                       |   |      |
| (City)   | (S                              | tate)             | (Zip)                           |                      | Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. |       |   |               |             |  |  |   |   |  |   |  |                                       |   |      |
|  |                                 | Та                | ble I - Non                     | -Deriva              | tive S  | ecuri | ties  | Acqı          | uired,      | Disp   | ose  | d of, or                                  | Bene                                    | ficially   | Owned                                       |  |                                       |   |      |
|  |                                 |                   | 2. Transac<br>Date<br>(Month/Da |                      | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Yea   |       | ate, Transac  |               | action Disp |  | ecurities Acquired (A) or<br>posed Of (D) (Instr. 3, 4 and |   |   | Beneficially<br>Owned Followin   |   | Form:  | : Direct<br>Indirect<br>str. 4)       | 7. Nature of<br>Indirect<br>Beneficial<br>Ownership |      |
|  |                                 |                   |                                 |                      |   |       | Code  | v             | Amou        | unt (  | (A) or<br>(D)  | Price                                     | Reported<br>Transaction<br>(Instr. 3 au | on(s)  |   |  | (Instr. 4)                            |   |      |
| NBT Ban  | corp Inc. C                     | ommon Stock       |                                 | 05/21/2              | 1/2024  |       |   |               | A           |  | 3,680 <sup>(1)</sup> A                                     |   | A                                       | \$0.0  | 78,85                                       | 8,855.255  |                                       | D   |      |
| NBT Ban  | NBT Bancorp Inc. Common Stock   |                   |                                 |                      |   |       |   |               |             |  |  |   |   | 6,644  | 6,644.085                                   |  | I                                     | 401k  |      |
| NBT Bancorp Inc. Common Stock                                |                                 |                   |                                 |                      |   |       |   |               |             | 1,891  | .933   |   | Ι                                       | NBT<br>Bancorp<br>ESOP   |   |  |                                       |   |      |
|  |                                 |                   | Table II - [                    | Derivati<br>e.g., pu |   |       |   |               |             |  |  |   |   |  | wned  |  |                                       |   |      |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)          | 2. 3. Transaction 3A. Deemed 4. |                   |                                 | on of Exp            |   |       | 5. Date Exercisable and<br>Expiration Date<br>Month/Day/Year) |               |             | 7. Title and Amount<br>Securities Underlyin<br>Derivative Security<br>(Instr. 3 and 4) |  | lying                                     | ng Derivative                           |  | er of<br>e<br>s<br>ally<br>g<br>l<br>ion(s) | Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4 | Beneficial<br>Ownership<br>(Instr. 4) |   |      |
|  |                                 |                   |                                 | Code                 | e V   | (A)   | (D)   | Date<br>Exerc | cisable     | Expir<br>Date  | ation  | Title                                     | Amou<br>Numb<br>Share                   | per of   |   |  |                                       |   |      |
| Phantom<br>Stock   | (2)                             |                   |                                 |                      |   |       |   |               | (2)         | (2   | 2)   | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock |   | 43.536   |   | 20,643.  | 536                                   | D   |      |

## **Explanation of Responses:**

- 1. Pursuant to NBT Bancorp Inc. Omnibus Restricted Stock Unit Agreement the grant vests 20% annually.
- 2. Each share of phantom stock is deemed invested in one share of NBT Bancorp Inc. common stock pursuant to the terms of the Deferred Compensation Plan.

By: Annette L. Burns, Power of

Attorney For: Joseph R.

05/22/2024

**Stagliano** 

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.