FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Hyle Shaunastar						2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]									5. Relationship of Repo (Check all applicable) Director Officer (give tit			10% (
(Last) (First) (Middle) 52 SOUTH BROAD STREET					3. Date of Earliest Transaction (Month/Day/Year) 03/21/2022									X Officer (give title Officer (specify below) EVP, Consumer Lending						
(Street) NORWICH NY 13815 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
'''' ', '''			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership				
									Code	v	Amount	(A) o	Pric	ce	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)	
NBT Bancorp Inc. Common Stock				03/21/2			A		2,410(1)	A	\$(0.0	14,441			D				
NBT Bancorp Inc. Common Stock			03/21/2022				A		2,906(2)	A	\$(0.0	17,	,347	D					
NBT Bancorp Inc. Common Stock															93	80.4	I		401k	
NBT Ban	corp Inc. C	ommon Stock											1.309		I		Custodian for Minor			
NBT Bancorp Inc. Common Stock															297.228			I	NBT Bancorp ESOP	
		Та	ble II -								osed of, c				Owne	d	,			
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Security or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Illy	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)		
				Cc		v	(A)	(D)	Date Exercis	sable	Expiration Date	Amou or Numb of Title Share		er						

Explanation of Responses:

- 1. Pursuant to NBT Bancorp Inc. Omnibus Restricted Stock Unit Agreement the grant vests 20% annually.
- 2. Pursuant to NBT Bancorp Inc. Omnibus Performance Unit Agreement, each member of a select group of Management is entitled to receive an award based on Company performance goals in the form of restricted stock units that vest one year following the end of a performance period.

By: Annette L. Burns, Power of Attorney For: Shaunastar

03/23/2022

M. Hyle

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.