FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
rvasiliigtoii,	D.C.	20343	

Check this box if no longer subject	STATEM
to Section 16. Form 4 or Form 5	

## IENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b).

					Т															
1. Name and Address of Reporting Person*  Robinson V Daniel II						2. Issuer Name <b>and</b> Ticker or Trading Symbol NBT BANCORP INC [ NBTB ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
INDUITSOIL V DAILET II														X Direc	tor		10% Owner			
(Last) (First) (Middle) 52 SOUTH BROAD STREET						3. Date of Earliest Transaction (Month/Day/Year) 05/19/2020								Officer (give title Other (specify below) below)					cify	
5 <b>2</b> 55 5 5		OTTELLT	4 If .	A If Amondment Date of Original Filed (Month/D-10/5-2)									6. Individual or Joint/Group Filing (Check Applicable							
(Stroot)					4. 11 /	4. If Amendment, Date of Original Filed (Month/Day/Year)								ine)	JUITIVG	iioup Fiii	ng (Che	ck Appi	icable	
. ,	(Street) NORWICH NY 13815													X Form filed by One Reporting Person						
														Form filed by More than One Reporting						
(City)	(Sta	ate) (2	Zip)			Person														
		Table	: I - N	on-Deriva	tive \$	Secur	ities	Ac	quire	d, Di	sposed of	, or E	enefic	ially Own	ed					
Date			2. Transaction Date (Month/Day/	Execution Date			∍,	Code (Instr.		4. Securities Acquired (A) o Disposed Of (D) (Instr. 3, 4 a 5)			and Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		Ownership			
									Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
NBT Ban	F Bancorp Inc. Common Stock 05/19/2020				20				A		1,240(1)	A	\$0.0	13,581	.863	П	)			
NBT Ban	corp Inc. C	ommon Stock										587,558 I by Corpo				y Corporation				
		Tal	ble II								posed of, convertib				d	,	•			
Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exect if any	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		nber ative ities red sed 3, 4	Expir	te Exe ration I th/Day		7. Title Amou Secur Under Deriva Secur 3 and	nt of ities lying ative ity (Instr.	8. Price of Derivative Security (Instr. 5)	9. Num derivat Securit Benefic Owned Follow Report Transa (Instr. 4	ive ties cially ing ed ction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	ship of B (D) O rect (li	1. Nature f Indirect eneficial bwnership nstr. 4)	
	n of Respons				Code	v	(A)	(D)	Date Exerc	cisable	Expiration Date	Title	Amount or Number of Shares							

1. Acquired pursuant to the NBT Bancorp Inc. 2018 Omnibus Incentive Plan. Each outside director is entitled to receive an annual retainer for Board service in the form of restricted stock units of the Company's common stock that vests in three annual installments.

By: Annette L. Burns, Power of Attorney For: V. Daniel

Robinson II

05/20/2020

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.