FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Vashington,	D.C. 20549	
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Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  WATT JOHN H JR					2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [ NBTB ]									5. Relationship of Reporting Person(s) to Issu (Check all applicable) Director 10% Own					
(Last) 52 SOUT	•	First) D STREET	(Middle)		3. Date of Earliest Transaction (Month/Day/Year) 01/15/2021								Х	belov	v)	below) O NBT Banco			
(Street) NORWICH NY 13815  (City) (State) (Zip)					4. If <i>F</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person					
1. Title of Security (Instr. 3) 2. T			2. Transac Date	2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date,		saction (Instr.	4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			) or	5. Amo Securit Benefic	ount of ties cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
								v	Amount	(A) (D)	or Pi	rice	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)		
NBT Bancorp Inc. Common Stock			01/15/2021						481	D	\$	34.81	80,697		D				
NBT Bancorp Inc. Common Stock			01/15/2021						324	D	\$	34.81	80,373		D				
NBT Bancorp Inc. Common Stock			01/15/2021				F		186	D	\$	34.81	80,187		D	D			
NBT Ban	BT Bancorp Inc. Common Stock			01/15/2021				F		736	D	\$	34.81	79,451		D			
NBT Ban	BT Bancorp Inc. Common Stock 01.				.5/2021					555	D	\$	34.81	78,896		D			
NBT Bancorp Inc. Common Stock 01/15				01/15/2	2021			F		532	D	\$	34.81	78,364		D			
		Та								osed of, convertib				Owne	d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Executi if any	3A. Deemed Execution Date, if any (Month/Day/Year)		etion Instr.	5. Number of Derivative Securitie: Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	Expir (Mon	e Exerc ation D h/Day/\(^		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		De Se (In	Price of rivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Owne Form: Direct or Ind (I) (Ins	(D) irect	Beneficial Ownership (Instr. 4)	
						v	(A) (D)	Date Exerc	isable	Expiration Date	Title	Amou or Numb of Share	per						

**Explanation of Responses:** 

By: Annette L. Burns, Power of Attorney For: John H. Watt, 01/20/2021 <u>Jr.</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).