## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Durkee Matthew K  (Last) (First) (Middle)					3. Dat	2. Issuer Name and Ticker or Trading Symbol     NBT BANCORP INC [ NBTB ]      3. Date of Earliest Transaction (Month/Day/Year)     01/15/2019								ck all ap Dire Offic belo	plicable) ctor cer (give title w)	ing Person(s) to Issuer  10% Owner Other (specify below)  nt of New England		
S2 SOUTH BROAD STREET   (Street)   NORWICH NY 13815   (City) (State) (Zip)					4. If Amendment, Date of Original Filed (Month/Day/Year)								Line)	6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(3)	•		n-Deriv	ative 9	Sacu	rities Ac	nuired	Die	nosed o	of or	Rono	ficially	, Own				
1. Title of Security (Instr. 3) 2. Tran				2. Transa Date	ansaction		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4			5. Am Secui Benet	ount of rities ficially ed Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
									v	Amount	1)	(A) or (D) Price		Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)	
NBT Bancorp Inc. Common Stock				01/15/2019				F		198	$\top$	D	\$36.02 30,		30,311	D		
NBT Bancorp Inc. Common Stock			01/15/2019				F		1,120		D	\$36.02		29,191	D			
NBT Bancorp Inc. Common Stock				01/15/2019				F		138		D	\$36.02		29,053	D		
NBT Bancorp Inc. Common Stock				01/15/2019				F		162		D	\$36.02		28,891	D		
NBT Bancorp Inc. Common Stock				01/15/2019				F		51		D	\$36.02	:	28,840	D		
NBT Bancorp Inc. Common Stock														2,	696.878	I	401k	
NBT Bancorp Inc. Common Stock														530.293		I	NBT Bancorp ESOP	
		Та					ies Acqu varrants,							Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any		1. Transaction Code (Instr. 3)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	Expiration	6. Date Exercisi Expiration Date (Month/Day/Yea		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		De Se (In	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: ly Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code V	,	(A) (D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shar	ber					

**Explanation of Responses:** 

By: Michael J. Chewens, Power of Attorney For: Matthew K. Durkee

01/17/2019

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).