Instruction 1(b).

FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	$D \subset$	20540	
vvasiiiigtoii,	D.C.	20549	

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL							
	OMB Number:	3235-0362						
Estimated average burden								

C Form 3	3 Holdings Rep	orted				O	WINEI	KSF	1112					hou	ırs per re	esponse:	1.0	
_	4 Transactions		Fi	led pursuant t														
1. Name ar	2. Issuer	or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]						Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner										
(Last) 52 SOUT	(F TH BROAL	,	(Middle)		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2011						Officer (give title Other (specify below) below)							
(Street)	CH N	Y	13815	4. If Amei	Line							Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person			son			
(City)	(S	tate)	(Zip)											···				
		Tab	le I - Non-Deri	vative Sec	curiti	ies A	cquire	ed, D	Disposed	of, or	Benefi	cial	ly Owne	d				
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution D if any (Month/Day	Oate,	Code	3. Transaction Code (Instr. 8)		4. Securities Acqu Of (D) (Instr. 3, 4 a		uired (A) or Dispos and 5)		5. Amount of Securities Beneficially Owned at end of		6. Owner Form: (D) or	rship II Direct E	. Nature of ndirect Beneficial Ownership		
				, , , ,				Amo	unt	(A) or (D)	Price		Issuer's Fiscal Year (Instr. 3 and		Indirect (I)		(Instr. 4)	
NBT Bar	ncorp Inc. C	ommon Stock	12/31/2011				J	7	77.998	Α	\$0 ⁽¹	.)	42,58	582.371		D		
NBT Bancorp Inc. Common Stock 12/31/2011							J		9.109 A		\$0 ⁽¹	\$0 ⁽¹⁾ 243		3.083		I Spouse as custodian		
		Т	able II - Deriva (e.g., ۱	ntive Secu outs, calls									Owned					
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date curity or Exercise (Month/Day		3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	of Deriv Secu Acqu (A) o Disp of (D	Expirivative (Monocurities quired or posed D) str. 3, 4		te Exercisable and ration Date th/Day/Year)		7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)			e es ally g	10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership t (Instr. 4)	
					(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amou or Numb of Share	er						
Non- Qualified Stock Option (right to buy)	\$21.74						05/01/2	2007	05/01/2016	NBT Bancon Inc. Commo	500 500)		500)	D		
Non- Qualified Stock Option (right to buy)	\$22.3842						02/13/2	2007	02/13/2016	NBT Banco Inc. Commo Stock	rp 167 on	7		167	7	D		
Non- Qualified Stock Option (right to buy)	\$22.4842						05/01/2	2008	05/01/2017	NBT Bancon Inc. Commo	500 500			500		D		
Non- Qualified Stock Option	\$22.5508						05/01/2	2009	05/01/2018	NBT Banco Inc. Commo	rp 500)		500)	D		

Explanation of Responses:

buy)

1. Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of January 1, 2011 to December 31, 2011 at prices ranging from \$18.9804 to \$21.988 per share.

By: F. Sheldon Prentice, Power of Attorney For: Timothy E. 01/27/2012 Delaney.

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.