FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPRO	JVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>LEVY JEFFREY M</u>					2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (she title Other (specify)						
(Last) 52 SOUT	(Last) (First) (Middle) 52 SOUTH BROAD STREET					3. Date of Earliest Transaction (Month/Day/Year) 01/01/2016										X Officer (give title Other (specify below) EVP/ Pres Commercial Banking					
(Street)	CH N	Y	13815		4.1	If Amendment, Date of Original Filed (Month/Day/Year)							Line) K Form fi Form fi	iled by One	e Repo	Filing (Check Applica Reporting Person e than One Reporting				
(City)	(St	tate)	(Zip)												Person						
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																					
Da			Date	/Day/Year)		2A. Deemed Execution Date if any (Month/Day/Yea		Code (Ins				ties Acquired (A)			- Reported	es ally Following d	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)		
										Code	v	Amount	(A) or (D)		Price	Transact (Instr. 3	tion(s) and 4)				
NBT Ban	corp Inc. C	ommon Stock		01/0	01/2016					F		691	691 D		\$26.9	6 45,4	55.93	5.93 D			
NBT Ban	corp Inc. C	ommon Stock			01/01/2016				_	F		847		_	\$26.9	_	,608.93		D		
		ommon Stock			01/01/2016					F		639		D	\$26.9	6 43,9	969.93		D		
		ommon Stock		01/0	01/01/2016					F		339	_	D	\$26.9		530.93		D		
NBT Bancorp Inc. Common Stock							_							5,53	0.388			401k			
NBT Bancorp Inc. Common Stock															1,08	0.335		I	NBT Bancorp ESOP		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Day	Date,	4. Transa Code (8)		ction of Ex			6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amou of Securities Underlying Derivative Securi (Instr. 3 and 4)		curity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date	e rcisable		xpiration	Title	or Nu of	ımber						
Non- Qualified Stock Option (right to buy)	\$20.19							(-)		15/2011 ⁰	1	1/15/2020	NBT Banco Inc. Comm	on 9	,000		9,000		D		
Non- Qualified Stock Option (right to buy)	\$25.38								01/1	.5/2010 ⁽	(1) 0	1/15/2019	NBT Banco Inc. Comm Stock	rp on 13	3,000		13,000	0	D		
Non- Qualified Stock Option (right to buy)	\$25.762								01/0	01/2008 ⁽	(2) 0	1/01/2017	NBT Banco Inc. Comm Stock	on 9	,000		9,000		D		

- $1.\ Pursuant\ to\ NBT\ Bancorp\ Inc.\ Omnibus\ Stock\ Option\ Agreement\ the\ grant\ vests\ 40\%\ for\ first\ year,\ 20\%\ annually\ for\ following\ years.$
- 2. Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

By: F. Sheldon Prentice, Power 01/05/2016 of Attorney For: Jeffrey M. <u>Levy</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.