SEC Form 5

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FORM	5
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0362 OMB Number: Estimated average burden

1.0

hours per response:

Form 3 Holdings Reported.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

Form 4 Transa	ctions Reported.		or Section 30(h) of the Investment Company Act of 1940	ŧ					
1. Name and Address of Reporting Person* <u>ROBINSON VAN NESS D</u>			2. Issuer Name and Ticker or Trading Symbol <u>NBT BANCORP INC</u> [NBTB]		ationship of Reporting Pe (all applicable) Director	erson(s) to Issuer 10% Owner			
(Last) 52 SOUTH BF	act) (Firet) (Middlo)		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2005		Officer (give title below)	Other (specify below)			
			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line)	6. Individual or Joint/Group Filing (Check Applicable Line)				
(Street)	NY	13815		X	Form filed by One Reporting Person				
,					Form filed by More th Person	an One Reporting			
(City)	(State)	(Zip)							
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									

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1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)				5. Amount of Securities Beneficially Owned at end of	6. Ownership Form: Direct	7. Nature of Indirect Beneficial Ownership	
				Amount	(A) or (D)	Price	Issuer's Fiscal Year (Instr. 3 and 4)	(D) or Indirect (I) (Instr. 4)	(Instr. 4)	
NBT Bancorp Inc. Common Stock	12/31/2005		J	82.775	A	\$0 ⁽¹⁾	5,145.938	D		
NBT Bancorp Inc. Common Stock							888,471	I	by Corporation	

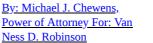
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Qualified Stock Option (right to buy)	\$14.3492						01/28/2003 ⁽²⁾	01/28/2012	NBT Bancorp Inc. Common Stock	1,500		1,500	D	
Non- Qualified Stock Option (right to buy)	\$17.6008						01/01/2004 ⁽²⁾	01/01/2013	NBT Bancorp Inc. Common Stock	1,500		1,500	D	
Non- Qualified Stock Option (right to buy)	\$20.7492						05/01/2006 ⁽²⁾	05/01/2015	NBT Bancorp Inc. Common Stock	1,500		1,500	D	
Non- Qualified Stock Option (right to buy)	\$22.1388						01/01/2005 ⁽²⁾	01/01/2014	NBT Bancorp Inc. Common Stock	1,500		1,500	D	
Non- Qualified Stock Option (right to buy)	\$23.2708						01/20/2006 ⁽²⁾	01/20/2015	NBT Bancorp Inc. Common Stock	630		630	D	

Explanation of Responses:

1. Shares acquired unter NBT Bancorp Dividend Reinvestment Plan during period of January 1, 2005 to December 31, 2005 at prices ranging from \$23.0588 to \$23.8424 per share.

2. Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.



02/10/2006

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.