FORM 4

Check this box if no longer subject

to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C. 20549
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STATEMENT	OF	CHANGES	IN	BENEFICIAL	OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Hyle Shaunastar					2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) (First) (Middle)				3. Date of Earliest Transaction (Month/Day/Year) 03/20/2023										^ below	er (give title /) VP, Consumer Le		b	Other (specify below)			
52 SOUTH BROAD STREET														-) 0							
(Street)				4.1	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)						
(Street) NORWICH NY 13815													X Form filed by One Reporting Person								
				Form filed by More than One Reportir Person												Tung					
(City)	(Sta	ate) (2	Zip)		Rule 10b5-1(c) Transaction Indication																
					Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																
		Table	1 - 1	Non-Deriva	tive	Se	cur	ities	Acq	uir	ed,	Dis	sposed o	f, or	Benefic	ially Own	ed				
Date		2. Transaction Date (Month/Day/Ye	Execution (Execution (ution			3. Transaction Code (Instr. 8)						5. Amount of Securities Beneficially Owned Following				7. Nature of Indirect Beneficial Ownership (Instr.			
							Со	Code V		Ar	mount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)		4)			
NBT Bancorp Inc. Common Stock															958.609)	I		401k		
NBT Bancorp Inc. Common Stock												1.349		I		Custodian forMinor					
NBT Bancorp Inc. Common Stock 03/20/2023			3		A	A		2	2,143(1)	A	\$ <mark>0</mark>	16,677		D							
NBT Bancorp Inc. Common Stock 03/20/2023			3		A	4		2	2,621(2)	A	\$ <mark>0</mark>	19,298		D	D						
NBT Bancorp Inc. Common Stock															306.24		I		NBT BancorpESOP		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3) 2. Conversion Date Execution Date, if any (Month/Day/Year) 3. Transaction Date Execution Date, if any (Month/Day/Year)					Transaction of Code (Instr. Derivat		ative ities red sed 3, 4	Expiratio ive ies ed					tle and bunt of urities erlying vative urity (Instr. d 4)		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	e V		(A)	(D)	Date D) Exercisa			Expiration Date	Title	Amount or Number of Shares								

Explanation of Responses:

- 1. Pursuant to NBT Bancorp Inc. Omnibus Performance Unit Agreement, each member of a select group of Management is entitled to receive an award based on Company performance goals in the form of restricted stock units that vest one year following the end of a performance period.
- 2. Pursuant to NBT Bancorp Inc. Omnibus Restricted Stock Unit Agreement the grant vests 20% annually.

By: Annette L. Burns, Power 03/22/2023 of Attorney For: Shaunastar M. Hyle

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.