## FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Machinaton	$D \subset$	205/10
Washington,	D.C.	20549

## ANNUAL STATEMENT OF CHANGES IN BENEFICIAL **OWNERSHIP**

**OMB APPROVAL** OMB Number: Estimated average burden

Instruction 1(b).

☐ Form :	3 Holdings Rep	orted.				•			•••					hou	rs per r	esponse:		1.0	
_	4 Transactions		Fil	ed pursuant t or Sectio					urities Exch Company A										
1. Name and Address of Reporting Person*  DELANEY TIMOTHY E				2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [ NBTB ]					5. Relationship of Reporting Person(s) to I (Check all applicable)  X Director 10% 0										
(Last) (First) (Middle) 52 SOUTH BROAD STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2013						Officer (give title Other below)					er (sp			
(Street) NORWICH NY 13815				4. If Amei	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person Form filed by More than One Reporting Person							
(City)	(3	•	(Zip)	rative Sec	· · · · · · · · · · · · · · · · · · ·	ος Λ	cauire		Dienoead	of or	Ronofi	cia	Ily Owne	d					
1. Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any		3. Transaction Code (Instr.		4. Securities Acquired (A) or Dispos Of (D) (Instr. 3, 4 and 5)					5. Amoun Securities Beneficia	t of S Ily	6. Ownership Form: Direct		7. Nature of Indirect Beneficial				
			(Month/Day/Year)		8)		Amo	unt	(A) or (D)	Price		Owned at Issuer's F Year (Inst 4)	iscal				Ownership (Instr. 4)		
NBT Bar	3T Bancorp Inc. Common Stock		12/31/2013				J	7	79.209	A	<b>\$0</b> <sup>(1)</sup>		49,820.988		D				
NBT Bar	NBT Bancorp Inc. Common Stock		12/31/2013			J			0.227	A :		L)	252.	2.584		1 1 -		use as odian	
NBT Bancorp Inc. Common Stock 12/31/20		12/31/2013				J		9.023	A		261		1.607		1 1 1		use as odian		
		Т	able II - Deriva e.g., p	tive Secu outs, calls									Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Nu of Deriv Secu Acqu (A) o Dispo	omber 6. Date Expiral (Month rities pired rosed )		e Exercisable and tion Date h/Day/Year)		7. Title and Amount of Securities Underlying Derivative Secur (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					(A)	(D)	Date Exercis	sable	Expiration Date	Title	Amor or Numl of Share	ber							
Non- Qualified Stock Option (right to buy)	\$21.74						05/01/2007		05/01/2016	1/2016 NBT Bancorp Inc. Common Stock		)		500		500 D			
Non- Qualified Stock Option (right to buy)	\$22.3842						02/13/2007		02/13/2016	NBT Bancor Inc. Commo Stock	n 16	7		167	,	D			
Non- Qualified Stock Option (right to buy)	\$22.4842						05/01/2	2008	05/01/2017	NBT Bancor Inc. Commo Stock	500 n	)		500		D			
Non- Qualified Stock Option	\$22.5508						05/01/2	2009	05/01/2018	NBT Bancor Inc. Commo	50	)		500		D			

## **Explanation of Responses:**

buy)

 $1.\ Shares\ acquired\ under\ NBT\ Bancorp\ Dividend\ Reinvestment\ Plan\ during\ period\ of\ 1/1/2013\ to\ 12/31/2013\ at\ prices\ ranging\ from\ \$\ 22.0928\ to\ \$25.1248.$ 

By: F. Sheldon Prentice, Power of Attorney For: Timothy E. 02/12/2014 **Delaney** 

Date

\*\* Signature of Reporting Person

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.