Instruction 1(b)

Form 3 Holdings Reported

## FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
		_00.0	

## ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0362							
Estimated average burden								
hours per response:	1.0							

_	Transactions R		File	ed pursuant to or Sectior					ities Excha ompany Ac									
1. Name and Address of Reporting Person* SEIFTER LOWELL A					2. Issuer Name <b>and</b> Ticker or Trading Symbol NBT BANCORP INC [ NBTB ]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner						
(Last) (First) (Middle) 52 SOUTH BROAD STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2014						Year)	Officer (give title below)				Othe below	er (specify W)	
(Street) NORWIC										Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting Person								
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.					or Disposed	5. Amour Securities Beneficia Owned at		es ally		ership n: Direct	7. Nature of Indirect Beneficial Ownership		
				(Month/Day/1	cary	8,		Amoun		(A) or (D)			Issuer's Year (Ins 4)	Fiscal lind			(Instr. 4)	
NBT Bancorp Inc. Common Stock 12/31/2014			12/31/2014		J			689.426		Α	\$0 <sup>(1)</sup>		37,463.767		D			
NBT Bancorp Inc. Common Stock			12/31/2014		J			528	3.543	A \$0(2)		37,992.31		92.31	D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Numof Deriv Securi Acqui (A) or Dispo of (D) (Instrand 5	Expir (Mon sired speed ). 3, 4 ))		e Expiration  e Expiration  ordinate Date		and 4	unt of rities rlying ative rity (Instr. 3	ınt per		9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	ly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)	

## **Explanation of Responses:**

- 1. Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of 1/1/2014 to 12/31/2014.
- 2. Shares acquired under Dividend Reinvestment Plan at a broker during period of January 1, 2014 to December 31, 2014.

By: F. Sheldon Prentice, Power of Attorney For: Lowell A. Seifter

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.