## FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

## ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0362								
Estimated average burden								
hours per response:	1.0							

Form 3 Holdings Reported.

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Form	4 Transactions	Reported.	Fi	led pursuant t or Sectio					rities Excha Company Ac		1934																	
Name and Address of Reporting Person*     CIVIL PATRICIA T					2. Issuer Name <b>and</b> Ticker or Trading Symbol  NBT BANCORP INC [ NBTB ]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  X Director 10% Owner																
(Last) (First) (Middle) 52 SOUTH BROAD STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2006						Officer (give title below)  Officer (give title below)																	
(Street) NORWICH NY 13815				4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person															
(City)	(S	-	Form filed by More than One Reporting Person																									
		Tab	le I - Non-Deri	vative Sec	curiti	es A	cquire	ed, Di	isposed (	of, or E	enefic	ciall	y Owned	i														
Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.					5. Amount of Securities Beneficially Owned at e		Own ly Form		ership Inc n: Direct Be		Nature of odirect eneficial whership												
										(A) or (D)	Price		Issuer's Fiscal Year (Instr. 3 and 4)		al Indirect (I) and (Instr. 4)		(Instr. 4)											
NBT Ba	ncorp Inc. C	Common Stock	12/31/2006				J	7	6.014	A	\$0 <sup>(1</sup>	1)	5,329	.567	I	)												
			Table II - Deriva (e.g.,	ative Secu puts, calls	ıritie s, wa	s Ac rran	quired ts, opt	l, Dis ions,	posed of convert	f, or Be	nefici curitie	ally s)	Owned															
1. Title of Derivative Security (Instr. 3)		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	of Deriv	r osed ) r. 3, 4	Expiration Date (Month/Day/Year) ed			e and 7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)			10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4		11. Nature of Indirect Beneficial Ownershi (Instr. 4)										
					(A)	(D)	Date Exercis	able	Expiration Date	Title	Amo or Num of Shar	ber																
Non- Qualified Stock Option (right to buy)	\$18.3825						05/19/2004 <sup>(2)</sup>		05/19/2004 <sup>(2)</sup>		05/19/2004 <sup>(2)</sup>		05/19/2004 <sup>(2)</sup>		05/19/2004 <sup>(2)</sup>		05/19/2004 <sup>(2)</sup>		05/19/2013	NBT Bancorp Inc. 600 Common Stock		0		600	600 D		)	
Non- Qualified Stock Option (right to buy)	\$20.7492					05/0		006 <sup>(2)</sup>	05/01/2015	NBT Bancory Inc. Commo Stock	1,5	00		1,50	00	D												
Non- Qualified Stock Option (right to buy)	\$20.7642						04/28/2007 <sup>0</sup>		04/28/2015	NBT Bancory Inc. Commo Stock	40	0		400	)	D												
Non- Qualified Stock Option (right to buy)	\$21.74						05/01/2	007 <sup>(2)</sup>	05/01/2016	NBT Bancory Inc. Commo Stock	1,50	00		1,50	00	D												
Non- Qualified Stock Option (right to buy)	\$22.1388						01/01/2	005 <sup>(2)</sup>	01/01/2014	NBT Bancory Inc. Commo Stock	1,5	00		1,50	00	D												
Non- Qualified Stock Option (right to buy)	\$23.2708						01/20/2	006 <sup>(2)</sup>	01/20/2015	NBT Bancory Inc. Commo Stock	63	0		630	)	D												

## Explanation of Responses:

- 1. Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of January 1, 2006 to December 31, 2006 at prices ranging from \$23.0158 to \$25.1851 per share.
- 2. Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- 3. Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan reload grant vests 100% two years after date of its grant.

By: Michael J. Chewens, 02/13/2007
Power of Attorney For: Patricia
T. Civil

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.