FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549	

STATEMENT	OF C	HANGES	IN BENEF	ICIAL	OWNERSH	ΗP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Burns Annette L				2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]							(Chec	k all app Direc	onship of Reporting all applicable) Director Officer (give title		rson(s) to Is 10% O	wner			
(Last) 52 SOUT	(Fir	,	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 11/15/2022							X	below			below)		
(Street) NORWIG			3815 Zip)		4. If <i>I</i>									6. Indi Line)	Form	filed by Onfiled by Moon	e Rep	orting Pers	on
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Bene	ficially	/ Own	ed			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date			Execution Date,		3. Transaction Disposed Of (D) (Instr. 3 5)		4 and Secur Benef		ities F icially (I d Following (I		wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)							
									Code	v	Amount	(A) or (D)		rice	Transa	Transaction(s) (Instr. 3 and 4)			(1130.4)
NBT Bancorp Inc. Common Stock 11/15/			11/15/2	2022		F		271 D \$		47.67	57 14,292.239			D					
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	vative Conversion Date urity or Exercise (Month/Day/Year) Execution Date, if any		4. Transa Code (8)		Securities Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date		7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4) Amount or Numbor of Title Share:		De Se (In	Price of rivative curity str. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)			

Explanation of Responses:

Annette L. Burns

11/16/2022

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.