FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours nor reenence:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Halliday Sarah A					2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]								(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Officer (give title Other (specify						
(Last) 52 SOUT	(Fi	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 06/14/2024							V	below)	President Comn		below)	`		
(Street) NORWICH NY 13815				_ 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									Line)	Individual or Joint/Group Filing (Check Applicable ine) Form filed by One Reporting Person Form filed by More than One Reporting					
(City) (State) (Zip)					- R	Rule 10b5-1(c) Transaction Indication														
							Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Tal	ble I - Nor	n-Deri	ivativ	/e Se	curit	ies A	Acqı	uired,	Disp	osed	l of, or	Ben	eficially	Owned				
1. Title of Security (Instr. 3) 2. Trans: Date (Month/I						Execut if any	A. Deemed Execution Date, f any Month/Day/Year)		3. Transaction Code (Instr. 8)						Beneficia Owned Fo	s lly ollowing	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership	
										Code	٧	Amour	nt (A	A) or D)	Price	Reported Transacti (Instr. 3 a	tion(s)			(Instr. 4)
NBT Bancorp Inc. Common Stock 06					14/202	1/2024		S		1,325		D	\$35.66	32,	402		D			
NBT Bancorp Inc. Common Stock										7,075.316			I	401k						
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Conversion or Exercise Price of Derivative Security 1. Title of Conversion Date (Month/Day/Year) 2. Conversion Date (Month/Day/Year) 3. Transaction Date (Month/Day/Year) Execution Month Day/Year) 3. Transaction Date (Month/Day/Year)				ate,	4. Transa Code (8)		of E		Exp	6. Date Exercisable ar Expiration Date (Month/Day/Year)			7. Title and Amou Securities Underly Derivative Securit (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership tt (Instr. 4)
					Code	v	(A)	(D)	Date Exe	e rcisable	Exp Date	iration	Title		ount or nber of ires					
Phantom Stock	(1)									(1)		(1)	NBT Bancorp Inc. Common Stock		81.947		4,981.9	947	D	

Explanation of Responses:

1. Each share of phantom stock is deemed invested in one share of NBT Bancorp Inc. common stock pursuant to the terms of the Deferred Compensation Plan.

By: Annette L. Burns, Power of Attorney For: Sarah A. Halliday

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.