SEC Form 4	
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if	no longer subject to
Section 16. Forn	n 4 or Form 5
obligations may	continue. See
Instruction 1(b).	

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average bu	ırden							
hours por response:	0.5							

1. Name and Address of Reporting Person <sup>*</sup> Brenner Timothy			2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>NBT BANCORP INC</u> [ NBTB ]		tionship of Reporting Perso all applicable) Director	10% Owner	
I (LASI) (FIRSI) (MIDDIE) I		(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 01/15/2017	X	Officer (give title below) EVP & President Wea	Other (specify below) alth Mgmt	
(Street) NORWICH NY 13815		13815	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	,		
(City)	(State)	(Zip)			Person	-	

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transa Code ( 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(1150.4)		
NBT Bancorp Inc. Common Stock	01/15/2017		F		345	D	\$41.65	51,939	D			
NBT Bancorp Inc. Common Stock	01/15/2017		F		289	D	\$41.65	51,650	D			
NBT Bancorp Inc. Common Stock	01/15/2017		F		1,561	D	\$41.65	50,089	D			
NBT Bancorp Inc. Common Stock	01/15/2017		F		277	D	\$41.65	49,812	D			
NBT Bancorp Inc. Common Stock	01/15/2017		F		281	D	\$41.65	49,531	D			
NBT Bancorp Inc. Common Stock								297.054	I	401k		

## Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)

1. Title Derivat Securit (Instr. 3	ve Conversion or Exercise	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code ( 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		7. Title Amour Securi Underl Deriva Securi and 4)	nt of ties ying tive ty (Instr. 3	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				

Explanation of Responses:

By: F. Sheldon Prentice, Power

of Attorney For: Timothy L. 01/18/2017 Brenner

Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.