SEC Form 4	ł
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## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549 STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number:	3235-0287					
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

			01.06			Ipany Act of 1940					
1. Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol <u>NBT BANCORP INC</u> [NBTB]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
Brown Jason David					L	1	X	Director	10% 0	Dwner	
(Last) 52 SOUTH BF	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 05/17/2022					Officer (give title below)	Other below	(specify )	
			4. lf A	4. If Amendment, Date of Original Filed (Month/Day/Year)			6. Individual or Joint/Group Filing (Check Applicable				
(Street)				,	5	( , ,	Line)				
NORWICH	NY	13815						Form filed by One Reporting Person			
		15015				Form filed by More than One Reporting Person					
(City)	(State)	(Zip)									
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned											
			2. Transaction	2A. Deemed	3. Transaction	4. Securities Acquired (A		5. Amount of	6. Ownership	7. Nature	

	Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transaction Disposed Of (D Code (Instr. 5) 8)		osed Of (D) (Instr. 3, 4 and			(D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership (Instr. 4)		
			Code	v	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		(11150. 4)	
NBT Bancorp Inc. Common Stock	05/17/2022		A		1,106 <sup>(1)</sup>	Α	<b>\$0.0</b>	2,014	D		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) 1. Title of 3. Transaction 3A. Deemed 5. Number 6. Date Exercisable and 7. Title and 8. Price of 9. Number of 10. 11. Nature Conversion Execution Date. Transaction Date Ownership Derivative Expiration Date Amount of Derivative derivative of Indirect of or Exercise Price of Security (Instr. 3) (Month/Day/Year) if any (Month/Day/Year) Code (Instr. Derivative (Month/Day/Year) Securities Security (Instr. 5) Securities Form: Direct (D) Beneficial 8) Securities Acquired Beneficially Ownership (Instr. 4) Underlying Derivative Derivative Owned or Indirect Security (A) or Disposed Security (Instr. 3 and 4) Following (I) (Instr. 4) Reported of (D) (Instr. 3, 4 Transaction(s) (Instr. 4) and 5)

Explanation of Responses:

1. Acquired pursuant to the NBT Bancorp Inc. 2018 Omnibus Incentive Plan. Each outside director is entitled to receive an annual retainer for Board service in the form of restricted stock units of the Company's common stock that vests in three annual installments.

Date

Exercisable

By: Annette L. Burns, Power	
of Attorney For: Jacon David	

Amount or Number

Shares

of

Title

Expiration

Date

of Attorney For: Jason David 05/19/2022 Brown

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

v

(A) (D)

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).