FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	$D \subset$	20549	
vasilligion,	D.C.	20349	

<b>STATEMENT</b>	<b>OF CHANGES</b>	IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response: 0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Robinson V Daniel II						2. Issuer Name <b>and</b> Ticker or Trading Symbol NBT BANCORP INC [ NBTB ]									(Ch	eck all app X Direc	ctor		erson(s) to Issu 10% Own		ner
(Last) 52 SOUT	(Fir	,	Middl	le)	3. Date of Earliest Transaction (Month/Day/Year) 08/14/2020								Officer (give title Other (specify below) below)					pecify			
(Street) NORWIC			381 Zip)	5	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								Line	is. Individual or Joint/Group Filing (Check Applicable ine)  X Form filed by One Reporting Person Form filed by More than One Reporting Person						
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
Date			2. Transaction Date (Month/Day/Yea	2A. Deemed Execution Date, if any (Month/Day/Year		Cod	Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and				Beneficially Owned Following		ly	Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
									de	v	Amo		(A) or (D)							Reported Transaction(s) (Instr. 3 and 4)	
NBT Ban	corp Inc. C	ommon Stock		08/14/2020				S	5		10	0,000	D	\$32.099	96	547,5	]	I by Corporation			
NBT Ban	corp Inc. C	ommon Stock												13,581.863				Ι	D		
		Tal	ble	II - Derivati (e.g., pu												y Owne	d	,			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year) if any (Month/Day/Year) (Month/Day/Year) Transaction Code (Instr. 8) See Act (ADin of (Instr. and Instrument)			5. Nur of Deriva Secur Acqui (A) or Dispo of (D) (Instr. and 5	ative ities ired sed	Expiratio (Month/D etc.)			Day/Year) Securities Underlying Derivative Security (In 3 and 4)  Amo or Num Expiration of		Amount or Number of	t	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)		

**Explanation of Responses:** 

By: Annette L. Burns, Power of Attorney For: V. Daniel

08/14/2020

Robinson II

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.