FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:	0.5								

	tion 1(b).	iuc. Sec		Filed	l pursu	ant to Section 3	Section 30(h) o	16(a of the	t) of the	the Sec stment	curiti t Cor	ies Excha mpany Ac	nge Ac t of 194	t of 1934 0		Lne	ours per r	esponse:		0.5
Name and Address of Reporting Person* Robinson V Daniel II						2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]									S. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					
(Last) (First) (Middle) 52 SOUTH BROAD STREET					3. Date of Earliest Transaction (Month/Day/Year) 08/05/2020									Officer (give title Other (specify below) below)					pecify	
(Street) NORWIG			381 Zip)	15	4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person							
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Yea			2A. Deemed Execution Date, if any (Month/Day/Year)		Ti C			I. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and			Beneficia Owned Following	s Illy	f 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)					
								С	ode	v	Am	ount	(A) or (D)	Price	Transacti	Reported Transaction(s) (Instr. 3 and 4)				
NBT Ban	corp Inc. C	ommon Stock		08/05/2020					S		10	0,000	D	\$30.262	1 567,	567,558		I	by Corporation	
NBT Ban	corp Inc. C	ommon Stock													13,58	1.863	I			
		Tal	ole	II - Derivati (e.g., pu										Beneficia ecuritie		d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Exe if a	. Deemed ecution Date, uny onth/Day/Year)		saction (Instr.	of Deriv	r osed) r. 3, 4	Ex (Md	piratio	n Da	(ear)	Am Sec Und Der Sec 3 al	itle and ount of urities derlying ivative urity (Instr. nd 4) Amount or Number of Shares	8. Price of Derivative Security (Instr. 5)	9. Num derivat Securit Benefic Owned Followi Report Transa (Instr. 4	ive ties cially ing ed ction(s)	10. Owners Form: Direct (or Indir (I) (Inst	(D) rect	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

By: Annette L. Burns, Power of Attorney For: V. Daniel

08/06/2020

Robinson II

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.