FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

| OMB APPROVAL                                   |           |  |  |  |  |  |  |  |  |
|--|-----------|--|--|--|--|--|--|--|--|
| OMB Number:                                    | 3235-0287 |  |  |  |  |  |  |  |  |
| Estimated average burden                       |           |  |  |  |  |  |  |  |  |
| harres = aa a | 0.5       |  |  |  |  |  |  |  |  |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person $\stackrel{\bullet}{}$ $\underline{Mahoney\ Ruth\ H}$ |   |  |   |        |   |  | 2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [ NBTB ] |        |             |                     |             |              |   |   |                            |   | able)   | Person(s) to Iss |  | /ner   |
|---|---|--|---|--------|---|--|--|--------|-------------|---------------------|-------------|--------------|---|---|----------------------------|---|---|------------------|--|--|
| (Last) 52 SOUT  |   |  | 3. Date of Earliest Transaction (Month/Day/Year) 08/15/2024 |        |   |  |  |        |             |                     |             |              | below)  | cer (give title<br>w)<br>P/President of |                            | Other (s<br>below)<br>ealth Mgn   | ·   |                  |  |  |
| (Street) NORWICH NY 13815   |   |  |   |        | 4.  | 4. If Amendment, Date of Original Filed (Month/Day/Year) |  |        |             |                     |             |              |   |   |                            | dividual or Joint/Group Filing (Check Applicable )  Form filed by One Reporting Person Form filed by More than One Reporting Person |   |                  |  |  |
| (City) (State) (Zip)  |   |  |   |        | Rule 10b5-1(c) Transaction Indication  Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10. |  |  |        |             |                     |             |              |   |   |                            |   |   |                  |  |  |
|   |   | Tal  | ble I - No  | n-Deri | vativ   | ve S   | ecurit   | ties / | Acqı        | uired,              | Dis         | osed         | l of, or  | Ben                                     | eficially                  | Owned   |   |                  |  |  |
| Date  |   |  |   |        | ransaction<br>e<br>nth/Day/Year)  |  | 2A. Deemed<br>Execution Date,<br>if any<br>(Month/Day/Year)          |        |             | Transaction Dispo   |             |              | curities Acquired (A) or<br>sed Of (D) (Instr. 3, 4 and |   |                            | Beneficia<br>Owned F  | s<br>Illy<br>ollowing   | Form<br>(D) or   | : Direct<br>r Indirect<br>str. 4)  | 7. Nature of Indirect Beneficial Ownership                         |
|   |   |  |   |        |   |  |  |        |             | Code                | v           | Amour        | nt (/   | (A) or (D) Price                        |                            | Reported<br>Transacti<br>(Instr. 3 a  | on(s)   |                  |  | (Instr. 4)   |
| NBT Ban   | corp Inc. C   | 5/202                                      | 24  |        |   |  | F  |        | 72          | 21 D                |             | \$45.4       | 17,506  |   |                            | D   |   |                  |  |  |
| NBT Ban   | corp Inc. C   | ommon Stock                                |   |        |   |  |  |        |             |                     |             |              |   |   |                            | 2,354   | 4.265   |                  | I  | 401k   |
|   |   |  | Table II -  |        |   |  |  |        |             |                     |             |              | of, or B<br>tible s                                     |   |                            | Owned   |   |                  |  |  |
| 1. Title of<br>Derivative<br>Security<br>(Instr. 3)   | 2.<br>Conversion<br>or Exercise<br>Price of<br>Derivative<br>Security | 3. Transaction<br>Date<br>(Month/Day/Year) | 3A. Deemed<br>Execution Day<br>if any<br>(Month/Day/        | Date,  | 4.<br>Transa<br>Code (  |  | 5. Number of   |        | Exp         | ate Exerciration Di | ate         | e and        |   |   |                            | 8. Price of<br>Derivative<br>Security<br>(Instr. 5)   | 9. Number<br>derivative<br>Securities<br>Beneficial<br>Owned<br>Following<br>Reported<br>Transactic<br>(Instr. 4) | e<br>s<br>illy   | 10.<br>Ownership<br>Form:<br>Direct (D)<br>or Indirect<br>(I) (Instr. 4) | 11. Nature<br>of Indirect<br>Beneficial<br>Ownership<br>(Instr. 4) |
|   |   |  |   |        | Code  | v  | (A)  | (D)    | Date<br>Exe | e<br>rcisable       | Exp<br>Date | iration<br>e | Title   | Nu                                      | ount or<br>mber of<br>ares |   |   |                  |  |  |
| Phantom<br>Stock  | (1)   |  |   |        |   |  |  |        |             | (1)                 |             | (1)          | NBT<br>Bancorp<br>Inc.<br>Common<br>Stock               | 7,6                                     | 573.224                    |   | 7,673.2   | 224              | D  |  |

## **Explanation of Responses:**

1. Each share of phantom stock is deemed invested in one share of NBT Bancorp Inc. common stock pursuant to the terms of the Deferred Compensation Plan

By: Annette L. Burns, Power of 08/16/2024 Attorney For: Ruth H. Mahoney

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.