SEC For	n 4
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 OMB APPROVAL
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1-			of Section So(ii) of the investment company Act of 1940			
1. Name and Add	ress of Reporting F FREY M	erson*	2. Issuer Name and Ticker or Trading Symbol <u>NBT BANCORP INC</u> [NBTB]		tionship of Reporting Pe all applicable) Director	10% Owner
(Last) (First) (Middle) 52 SOUTH BROAD STREET		(<i>'</i>	3. Date of Earliest Transaction (Month/Day/Year) 01/01/2015		Officer (give title below) EVP/ Pres Comme	Other (specify below) ercial Banking
(Street) NORWICH	NY	13815	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv Line) X	idual or Joint/Group Fili Form filed by One Re Form filed by More th	porting Person
(City)	(State)	(Zip)			Person	

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

Table 1 Non Derivative debannes Acquirea, Disposed of, of Derenolary Office											
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)					5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
			Code	v	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	
NBT Bancorp Inc. Common Stock	01/01/2015		D		557	D	\$26.27	43,155.038	D		
NBT Bancorp Inc. Common Stock	01/01/2015		D		565 ⁽¹⁾	D	\$26.27	42,590.038	D		
NBT Bancorp Inc. Common Stock	01/01/2015		D		257	D	\$26.27	42,333.038	D		
NBT Bancorp Inc. Common Stock								5,110.218	I	401k	
NBT Bancorp Inc. Common Stock								1,080.335	I	NBT Bancorp ESOP	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		5. Number n of		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Qualified Stock Option (right to buy)	\$20.19							01/15/2011 ⁽²⁾	01/15/2020	NBT Bancorp Inc. Common Stock	18,000		18,000	D	
Non- Qualified Stock Option (right to buy)	\$ 20.3617							01/15/2009 ⁽³⁾	01/15/2018	NBT Bancorp Inc. Common Stock	7,500		7,500	D	
Non- Qualified Stock Option (right to buy)	\$22.352							01/01/2007 ⁽³⁾	01/01/2016	NBT Bancorp Inc. Common Stock	5,000		5,000	D	
Non- Qualified Stock Option (right to buy)	\$25.38							01/15/2010 ⁽²⁾	01/15/2019	NBT Bancorp Inc. Common Stock	13,000		13,000	D	
Non- Qualified Stock Option (right to buy)	\$25.762							01/01/2008 ⁽³⁾	01/01/2017	NBT Bancorp Inc. Common Stock	9,000		9,000	D	

Explanation of Responses:

1. Payment for Social Security and Medicare taxes on RSU's that have vested, but have been deferred.

2. Pursuant to NBT Bancorp Inc. Omnibus Stock Option Agreement the grant vests 40% for first year, 20% annually for following years.

3. Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

By: F. Sheldon Prentice, Powerof Attorney For: Jeffrey M.01/05/2015Levy** Signature of Reporting PersonDate

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.