FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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	OMB APPROVAL											
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l	OMB Number:	3235-0287										
l	Estimated average burden											
l	hours per response	: 0.5										

	Check this box if no longer subject
$\Box$	to Section 16. Form 4 or Form 5
$\cup$	obligations may continue. See
	Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

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Name and Address of Reporting Person*      Decrease Associated I.						2. Issuer Name <b>and</b> Ticker or Trading Symbol NBT BANCORP INC [ NBTB ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
Burns Annette L					[1.2.2.2.11.0014 11.0 [1.016]								Direc	tor		10% Ov	vner			
(Last) (First) (Middle)						3. Date of Earliest Transaction (Month/Day/Year)								1	X Office below	er (give title v)		Other (s	specify	
52 SOUTH BROAD STREET					06/15/2023								SVP, Chief Accounting Officer							
32 300 III DROAD STREET						4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable					
(Street)														Line)  X Form filed by One Reporting Person						
NORWI	CH N	Y 1	3815											X Form filed by One Reporting Person  Form filed by More than One Reporting						
															Pers	и Опе Кер	orting			
(City) (State) (Zip)					Rule 10b5-1(c) Transaction Indication															
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to														
											ons of Rule 1					uucuon oi wi	шепр	ומוז נוומנ ו5 ווונ	ended to	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
4 Tidl 6	0		1 - 140						1	כוס	1				<del>-</del>				7. 11-4	
1. Title of	Security (Ins	tr. 3)		2. Transact Date	Execution Date,			3. 4. Securities Acquired (A Disposed Of (D) (Instr. 3				, 4 and Securities		Forn	n: Direct	7. Nature of Indirect				
(Month/Day/					//Year)   if any (Month/Day/Year)			Year)	Code (Instr.   5)					Benefi Owned Follow	ed ind wing (In		direct (I)	Beneficial Ownership (Instr. 4)		
									Code	v	Amount	(A)	or	Price		ted action(s) 3 and 4)				
						1000				_	=24	+ '	+	<b>405</b> 0	<del> </del>					
NBT Bancorp Inc. Common Stock 06/15/2						2023			F		721 D \$		\$35.0	3 14,0	14,071.004		D			
		Tab	le II -	Derivativ												ed				
4 Title - f	2.	0. Turning		771		13, V	1	u 113,	•			1		<del></del>		I	-4	10	44 Notices	
1. Title of Derivative	Conversion	3. Transaction Date	Execu	eemed ition Date,	4. Transa				6. Date Exercisable and Expiration Date			7. Title and Amount of			B. Price of Derivative	9. Number of derivative		10. Ownership		
Security (Instr. 3)	or Exercise (Month/Day/Year) if any (Month/Day/Year)			Code (Instr. of Derivati Securiti Acquire		of Derivative					Unde	Securities Underlying		Security Securities (Instr. 5) Beneficia			Direct (D)	Beneficial Ownership		
	Derivative Security												Owned Following		or Indirect (I) (Instr. 4)	(Instr. 4)				
					(A) or Dispose of (D)		r	(Instr. 3 and				d 4)		Reported Transaction(s) (Instr. 4)		,				
			and 5)																	
								I			Amo	ount								
								Doto		Evniration		Nun	nber							
			Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	of Sha	res								

Explanation of Responses:

Annette L. Burns

06/16/2023

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

<sup>\*</sup> If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).