FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Vashington,	D.C. 20549
-------------	------------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHI
---

OMB APPROVAL									
OMB Number:	3235-0287								
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Mahoney Ruth H  (Last) (First) (Middle)  52 SOUTH BROAD STREET						BT	BAN of Earli	ICO	RP 1	or Tradi	NB	ГВ ]	(Che	Relationship of Reporting Person(s) to Issue neck all applicable)  Director 10% Owr  X Officer (give title below)  EVP/President of Wealth Mgmt				ner pecify		
(Street)			13815		4.	4. If Amendment, Date of Original Filed (Month/Day/Year)										Individual or Joint/Group Filing (Check Applicable ne)  X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														o satisfy					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned  1. Title of Security (Instr. 3)  2. Transaction  2. Deemed  3.  4. Securities Acquired (A) or  5. Amount of  6. Ownership  7. Na										7. Nature of										
					Date (Month/Day/Year)		Execution Date if any (Month/Day/Ye		Code (Instr.					. 3, 4 and	Securities Beneficia Owned Fe	lly (D ollowing (I)	(D) or	) or Indirect (Instr. 4)	Indirect Beneficial Ownership	
								Code	v	Amou	int (A) or P		Price		ported ansaction(s) str. 3 and 4)			(Instr. 4)		
NBT Bancorp Inc. Common Stock 0						21/2024				A		2,74	43 <sup>(1)</sup> A		\$0.0	15,	15,227		D	
NBT Bancorp Inc. Common Stock 05						24				A		3,00	00(2)	A	\$0.0	18,	227 D		D	
NBT Bancorp Inc. Common Stock																2,354.265			I 4	401k
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution I if any (Month/Day	ate,	4. Transa	4. Transaction Code (Instr.		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisabl Expiration Date (Month/Day/Year)			1			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e s ally g	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	ode V		(D)	Date Exer	rcisable	Exp Date	iration	Title	Nu	ount or mber of ares					
Phantom Stock	(3)									(3)		(3)	NBT Bancor Inc. Commo	7,6	573.224		7,673.2	224	D	

## Explanation of Responses:

- 1. Pursuant to NBT Bancorp Inc. Omnibus Restricted Stock Unit Agreement the grant vests 20% annually.
- 2. The award is in the form of restricted stock units which represents a contingent right to receive one share of NBT Bancorp Inc. common stock for each stock unit awarded. The restricted stock units vest in full as of the third anniversary of the Grant Date and may not be settled in cash.
- 3. Each share of phantom stock is deemed invested in one share of NBT Bancorp Inc. common stock pursuant to the terms of the Deferred Compensation Plan.

By: Annette L. Burns, Power of Attorney For: Ruth H. Mahoney

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.