FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number:

Estimated average burden hours per response: 1.0

Form 3	Holdings Rep	orted.				•								hour	s per res	sponse:		1.0	
Form 4	Transactions	Reported.	Fil	ed pursuant t or Sectio					rities Excha Company Ac										
1. Name and Address of Reporting Person* <u>CIVIL PATRICIA T</u>					2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]								Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) 52 SOUTH BROAD STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2010								Officer below)	(give title	:	Othe belo	er (spe w)	cify	
(Street) NORWICH NY 13815					4. If Amendment, Date of Original Filed (Month/Day/Year)								Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting						
(City)	(S	tate)	-	Person															
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Execution I	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disport (D) (Instr. 3, 4 and 5)			5. Amo Securit Benefic Owned		ly	6. Ownership Form: Direct (D) or		7. Nature of Indirect Beneficial Ownership		
				(menunza)					Amount		Price		Issuer's F Year (Insti	iscal Indired					
NBT Bancorp Inc. Common Stock			12/31/2010		J 164.50		64.503	A	\$0 ⁽¹⁾		9,611.388								
NBT Bancorp Inc. Common Stock			12/31/2010				J		4.336	A	\$0(9,645	.724	Ι	D			
		T	able II - Deriva ,.e.g.,	ative Secu puts, calls									Owned						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)			te	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)				9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		1. Nature of Indirect Beneficial Ownership Instr. 4)			
					(A)	(D)	Date Exercisabl		Expiration Date	Title	Amo or Num of Shai	ber							
Non- Qualified Stock Option (right to buy)	\$18.3825						05/19/2	2004 ⁽³⁾	05/19/2013	NBT Banco Inc. Comm Stock	rp 60	00		600)	D			
Non- Qualified Stock Option (right to buy)	\$20.7492						05/01/2	2006 ⁽³⁾	05/01/2015	NBT Banco Inc. Comm Stock	1,5	00		1,50	00	D			
Non- Qualified Stock Option (right to buy)	\$20.7642						04/28/2	2007 ⁽⁴⁾	04/28/2015	NBT Banco Inc. Comm Stock	rp on 40	0		400)	D			
Non- Qualified Stock Option (right to buy)	\$21.74						05/01/2	2007 ⁽³⁾	05/01/2016	NBT Banco Inc. Comm Stock	rp 1,5	00		1,50	00	D			
Non- Qualified Stock Option (right to buy)	\$22.1388						01/01/2	2005 ⁽³⁾	01/01/2014	NBT Banco Inc. Comm Stock	rp 1,5	00		1,50	00	D			
Non- Qualified Stock Option (right to buy)	\$22.4842						05/01/2	2008 ⁽³⁾	05/01/2017	NBT Banco Inc. Comm Stock	1,5	00		1,50	00	D			

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, Transaction of		vative prities priced r osed) r. 3, 4	6. Date Exerci Expiration Dat (Month/Day/Ye	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Qualified Stock Option (right to buy)	\$22.5508						05/01/2009 ⁽³⁾	05/01/2018	NBT Bancorp Inc. Common Stock	1,750		1,750	D	
Non- Qualified Stock Option (right to buy)	\$23.2708						01/20/2006 ⁽³⁾	01/20/2015	NBT Bancorp Inc. Common Stock	630		630	D	

Explanation of Responses:

- 1. Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of January 1, 2010 to December 31, 2010 at prices ranging from \$21.4584 to \$24.25 per share.
- 2. Shares acquired under Dividend Reinvestment Plan at a broker during period of January 1, 2010 to December 31, 2010 at prices ranging from \$21.4584 to \$24.25 per share.
- 3. Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- 4. Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan reload grant vests 100% two years after date of its grant.

By: F. Sheldon Prentice, Power 02/11/2011 of Attorney For: Patricia T. Civil

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.