FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

| ngton, D.C. 20549 | |
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| | CIVID A |
|----------------------------------------------|-------------|
| STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP | OMB Number: |

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| OMB APPROVAL | | | | | | | |
|--------------------------|-------|--|--|--|--|--|--|
| OMB Number: 3235-0287 | | | | | | | |
| Estimated average burden | | | | | | | |
| hours per response | : 0.5 | | | | | | |

| Name and Address of Reporting Person* SANTANGELO JOSEPH A | | | | | 2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB] | | | | | | | | | Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner | | | | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------|-------------|--------------|-----------------|-----------------------------------------------------------------------------|---------------------------------------------------------|----------------------------------------------------------------------------------------|------|------------------------------------|---------|----------------------|----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------|--------------------------------------------------------------------------|--------|--------------------------------------------------------------------|
| (Last) 52 SOUTH B. | (Firs | , | Middle |) | | Date of Earliest Transaction (Month/Day/Year) 5/17/2022 | | | | | | | | Officer (give title Other (spe below) below) | | | | pecify | |
| (Street) NORWICH (City) | NY (Sta | | 3815 Zip) | | 4. If Amendment, Date of Original Filed (Month/Day/Year) | | | | | | | | Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | | |
| | | Table | I - N | on-Deriva | tive S | Secur | ities | Ac | quire | d, Di | sposed of | , or B | enefic | ially Own | ed | | | | |
| 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/N | | | rear) i | Execution Date, | | , | | | 4. Securities Disposed Of 5) | | | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | |
| | | | | | | | | Code | v | Amount | (A) or (D) | | | | | | | Price | |
| NBT Bancorp | Inc. Co | ommon Stock | | 05/17/20 | 22 | | | | A | | 1,106 ⁽¹⁾ | A | \$0.0 | 21,7 | 21,764 D | | | | |
| NBT Bancorp Inc. Common Stock | | | | | | | | | | | | 83,624.854 | | I | | by Corporation | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) 2. Conversion of Exercise Price of Derivative Security Security 3. Transaction Date (Month/Day/Year) if any (Month/Day/Year) | | | | ution Date, | 4. Transaction Code (Instr. 8) | | 5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | | Expiration D | | | 7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4) | | 8. Price of Derivative Security (Instr. 5) | 9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4) | | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| Explanation of R | | | | | Code | v | (A) | (D) | Date Exerc | cisable | Expiration Date | Title | or Number of Shares | | | | | | |

1. Acquired pursuant to the NBT Bancorp Inc. 2018 Omnibus Incentive Plan. Each outside director is entitled to receive an annual retainer for Board service in the form of restricted stock units of the Company's common stock that vests in three annual installments.

> By: Annette L. Burns, Power of Attorney For: Joseph A.

05/19/2022

Santangelo

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.