FORM 5

\$22.4842

Non-Qualified Stock Option (right to buy)

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL

OMB APPROVAL OMB Number: 3235-0362

		onger subject to					9.011,								OMB	APPR	OV	AL		
Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).			ANNUAL STATEMENT OF CHANGES IN BENEFICIAL											11 -	OMB Number: 3235-0362 Estimated average burden					
Form 3	3 Holdings Rep	orted.		OWNERSHIP											sponse:		1.0			
Form 4	4 Transactions	Reported.	Fil	led pursuant t or Sectio	o Sect on 30(h	ion 16 n) of th	S(a) of th	e Secu tment C	rities Excha Company Ac	inge Act at of 1940	of 1934)									
1. Name a		2. Issuer Name and Ticker or Trading Symbol 5. Relationship of Reporting Person(s) to Issuer NRT RANCORD INC [NRTR] (Check all applicable)													er					
CIVIL	NRIF	NBT BANCORP INC [NBTB] (Check all applicable) X Director											10%	10% Owner						
(Last) (First) (Middle) 52 SOUTH BROAD STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2011									(give title	e title Other (s below)			ecify		
(Ctrack)					ndmer	it, Date	e of Orig	jinal Fil	ed (Month/I	6. Individual or Joint/Group Filing (Check Applicable Line)										
(Street) NORWICH NY 13815														X Form filed by One Reporting Person						
															Form filed by More than One Reporting Person					
(City)	(S		(Zip)	vetive Ce				od C:	ionossa	a4 a::	Donof	 	0.000000							
1. Title of S	2A. Deemed	tive Securities Acquired, Disposed of, or Beneficially A. Deemed 3. 4. Securities Acquired (A) or Disposed									 			7. Na	ture of					
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)	Execution Date, if any		, Transaction Code (Instr.			(Instr. 3, 4 a		<i>э</i> юро		Securities Beneficially		Owner Form:	rship Indi Direct Ber		irect neficial		
				(Month/Day	rear)	8)		Amou	nt	(A) or	Price		Owned at Issuer's F Year (Insti	iscal	(D) or Indired (Instr.	et (I)	Own (Insti	ership r. 4)		
NDE D			12/21/2011				т	214.205		(D)		7)	4)							
NBT Bancorp Inc. Common Stock NBT Bancorp Inc. Common Stock			12/31/2011 12/31/2011				J			Α Λ	\$0		10,789.929		D					
INDI Bar	tive Securities Acq					28.94 A \$00 Disposed of, or Benefic			10,818.869		D									
			e.g.,	ative Secu puts, calls	iritie s, wa	s AC rran	quirec ts, opt	i, טוא tions,	convert	i, or B ible s	enenc ecuriti	iaily es)	Owned							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	of Deriv Secu Acqu (A) o Dispo of (D (Insti	Derivative (Month/Day/Year) Securities Acquired A) or Disposed			e		nt of ities	urity	Derivative Security (Instr. 5) Be Ow Foll Re		D. Number of derivative Securities Seneficially Dwned Following Reported Fransaction(s)		hip O)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
											Am or	ount								
					(A)	(D)	Date Exercis	sable	Expiration Date	Title		nber res								
Non- Qualified Stock Option (right to buy)	\$18.3825					\ <u>-</u> '	05/19/2004 ⁽³⁾		05/19/2013	NB7	r orp oon	00		600		0 D				
Non- Qualified Stock Option (right to buy)	\$20.7492						05/01/2	2006 ⁽³⁾	05/01/2015	NBT Banco Inc. Comm Stoc	orp 1,	500		1,5	00	D				
Non- Qualified Stock Option (right to buy)	\$20.7642						04/28/2	2007 ⁽⁴⁾	04/28/2015	NBT Banco Inc. Comm Stoc	orp 4	00		40	0	D				
Non- Qualified Stock Option (right to buy)	\$21.74						05/01/2	2007 ⁽³⁾	05/01/2016	NBT Banco Inc. Comm Stoc	orp 1,	500		1,5	00	D				
Non- Qualified Stock Option (right to buy)	\$22.1388						01/01/2	2005 ⁽³⁾	01/01/2014	NBT Banco Inc. Comm Stoc	orp 1,	500		1,5	00	D				

05/01/2017

05/01/2008⁽³⁾

1,500

NBT Bancorp Inc.

Common Stock

1,500

D

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Nu of Deriv Secu Acqu (A) o Dispo of (D (Instr	rities pired r osed) r. 3, 4	6. Date Exerci Expiration Dat (Month/Day/Ye	te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date	on Title Amount or Number of Shares					
Non- Qualified Stock Option (right to buy)	\$22.5508						05/01/2009 ⁽³⁾	05/01/2018	NBT Bancorp Inc. Common Stock	1,750		1,750	D	
Non- Qualified Stock Option (right to buy)	\$23.2708						01/20/2006 ⁽³⁾	01/20/2015	NBT Bancorp Inc. Common Stock	630		630	D	

Explanation of Responses:

- 1. Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of January 1, 2011 to December 31, 2011 at prices ranging from \$18.9804 to \$21.988 per share.
- 2. Shares acquired under Dividend Reinvestment Plan at a broker during period of January 1, 2011 to December 31, 2011 at prices ranging from \$18.9804 to \$21.988 per share.
- 3. Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- 4. Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan reload grant vests 100% two years after date of its grant.

By: F. Sheldon Prentice, Power 01/27/2012 of Attorney For: Patricia T. Civil

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.