FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										
hours per response.	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Kowalczyk Andrew S III						2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB] 3. Date of Earliest Transaction (Month/Day/Year)									(Ch	eck all app X Direc Office	icable) or r (give title	ng Per	son(s) to Iss 10% Ov Other (s	vner
(Last) (First) (Middle)					05/2	05/21/2024										belov			below)	
52 SOUTH BROAD STREET							4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable)				
(Street)																	X Form filed by One Reporting Person Form filed by More than One Reporting			
NORWIC	CH N	Υ :	13815													Perso		re tha	n One Repo	rting
(City) (State) (Zip)					Ru	Rule 10b5-1(c) Transaction Indication														
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.														
		Tabl	e I - Nor	n-Deriv	ative	Sec	uritie	es Ac	quir	red, D	isp	osed o	of, or	Ben	eficial	ly Owne	d			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Execution Date,			, Τι C	3. Transaction Code (Instr. 5) 3. Use Curities Acquired Disposed Of (D) (Instr. 5)				Benefic Owned	es Formially (D) (Following (I) (I		n: Direct or Indirect I nstr. 4)	7. Nature of Indirect Beneficial Ownership		
								С	Code V		Amount	mount (A) or (D)		Price	Report Transa (Instr. 3	ed ction(s) and 4)			(Instr. 4)	
NBT Bancorp Inc. Common Stock 05/21/2						/2024			A		1,068 ⁽¹⁾ A		\$0.0	0 11,332.146			D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transactic Code (Inst				Expir	ate Exerc ration D nth/Day/	ate	Amount of			8. Price of Derivative Security (Instr. 5)		ly Ov Fo Dir or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exerc	cisable	Ex Da	piration	Title	O N O	umber					
Phantom Stock	(2)									(2)		(2)	NBT Banco Inc. Comm	rp on	1,415		4,415		D	

Explanation of Responses:

1. Acquired pursuant to the NBT Bancorp Inc. 2024 Omnibus Incentive Plan. Each outside director is entitled to receive an annual retainer for Board service in the form of restricted stock units of the Company's common stock that vest in one year.

2. Each share of phantom stock is deemed invested in one share of NBT Bancorp Inc. common stock pursuant to the terms of the Deferred Compensation Plan.

By: Annette L. Burns, Power of Attorney For: Andrew S. Mowalczyk III 05/22/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.