FORM 4

to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Machinatan	D C	20540	
Nashington,	D.C.	20049	

Check this box if no longer subject to Section 16. Form 4 or Form 5	MENT OF CHANGES IN BENEFICIAL	OWNERSHIP
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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SEIFTER LOWELL A					2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]									(Ch	Relationship eck all app X Direc	•		on(s) to Is 10% Ov	
(Last)	(Fi	rst) (ľ	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 05/21/2024									Office below	er (give title /)		Other (s below)	specify	
52 SOUTH BROAD STREET				4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)							
(Street)															X Form	filed by On	e Repo	rting Perso	on
NORWI	CH N	7 1	3815												Form Perso	filed by Mo on	re than	One Repo	orting
(City)	(St	ate) (2	Zip)		Rul	Rule 10b5-1(c) Transaction Indication													
Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.										nded to									
		Table	I - Non-	-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or I	Bene	eficia	lly Own	ed			
Date				2. Transac Date (Month/Da	Executio ay/Year) if any		ution Date,		3. Transaction Code (Instr. 8) 4. Securitie Disposed (5)		es Acquired (A) Of (D) (Instr. 3, 4		(A) or 3, 4 an	Benefic	ies cially Following	Form:	Direct Indirect tr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A) (D)	or	Price	Transa	ection(s) 3 and 4)			(Instr. 4)
NBT Bancorp Inc. Common Stock 0:			05/21/2	/2024				A 1,06		1,068(1)) A \$		\$0.0	46,885.562		D			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/Da	n Date,		Transaction of Code (Instr. Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title Amou Secur Under Deriva Securi 3 and			unt of rities erlying rative irity (li	,	8. Price of Derivative Security (Instr. 5)	derivative Securities	Ow For Dire or I (I) (0. Dwnership orm: Direct (D) r Indirect) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code V (A) (D)		Date Exercis	able	Expiration Date	Amou or Numb of Title Share:		nber							

Explanation of Responses:

1. Acquired pursuant to the NBT Bancorp Inc. 2024 Omnibus Incentive Plan. Each outside director is entitled to receive an annual retainer for Board service in the form of restricted stock units of the Company's common stock that vest in one year.

> By: Annette L. Burns, Power of Attorney For: Lowell A.

05/22/2024

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** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.