FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person * Burns Annette L						2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]									k all app Direc	tionship of Reportir all applicable) Director Officer (give title		10% O	
(Last) (First) (Middle) 52 SOUTH BROAD STREET					3. Date of Earliest Transaction (Month/Day/Year) 02/24/2023								X	below	below) SVP, Chief Acc		below)		
(Street) NORWIG			3815 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indi Line) X	-/				
(City)	(30			-Deriva	tive S	Secu	rities	Aca	uired.	Disi	oosed of	. or E	Benef	ficially	/ Own	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				etion 2A. D Execu		Deemed cution Date,		3. 4. Securiti		ies Acquired (A Of (D) (Instr. 3,		A) or	5. Amo Securit Benefic	unt of ties cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Code	v	Amount	(A) or (D) P		Price		ed ction(s) 3 and 4)			(Instr. 4)
NBT Bancorp Inc. Common Stock 0:				02/24/	/2023				A		825(1)	A	1	\$0.0	14,792.004			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	on Date, Trai		ection Instr.			6. Date Exercisable and Expiration Date (Month/Day/Year) Date Expiration Exercisable Date			7. Title and Amount of Securities Underlying Derivative Security (Inst: 3 and 4) Amour or Numbe of Title Shares		str. De Se (In	Price of rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

1. Pursuant to NBT Bancorp Inc. Omnibus Restricted Stock Unit Agreement the grant vests 20% annually.

Annette L. Burns 02/24/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).