FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
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	. ,				or S	Secti	on 30(h)	of the	Ínvestmer	nt Con	npany Act	of 1940)						
1. Name and Address of Reporting Person* WEBB JACK H						2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]									Relationshi	•) to Is:	
(Last) (First) (Middle) 52 SOUTH BROAD STREET					3. Date of Earliest Transaction (Month/Day/Year) 05/21/2019									Offic belo	er (give title w)		Other (specify below)		
(Street) NORWIC			13815 Zip)		4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)								ne) X Forr Forr	,				
		Tabl	e I - Nor	ո-Deri\	ative	Se	curitie	s Ac	quired,	Dis	posed o	f, or I	Bene	eficia	ally Own	ed			
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		Code	Transaction Disposed Code (Instr. 5)		ities Acquired (A) d Of (D) (Instr. 3,			nd Secur Benef	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership	
										v	Amount	(A (D	N) or D)	Price	Trans	action(s) 3 and 4)			(Instr. 4)
NBT Ban	corp Inc. C	ommon Stock		05/2	5/21/2019 A 928 ⁽¹⁾ A \$0.0 57,046						D								
NBT Ban	corp Inc. C	ommon Stock												217 I S					Spouse
		Та									sed of, onvertib				y Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemond Execution if any (Month/Da	Date,	4. Transaction Code (Instr. 8)		n of		Expiration	5. Date Exercisable and Expiration Date Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owner Form: Direct or Indi (I) (Ins	ship (D) rect	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A) (D)		Date Exercisa		Expiration Date	Title	Amo or Nun of Sha						

Explanation of Responses:

1. Acquired pursuant to the NBT Bancorp Inc. 2018 Omnibus Incentive Plan. Each outside director is entitled to receive an annual retainer for Board service in the form of restricted stock units of the Company's common stock that vests in three annual installments.

Michael J. Chewens For: Jack 05/22/2019

H. Webb

** Signature of Reporting Person Date

By: Power of Attorney,

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.