FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0362							
Estimated average burden								

hours per response:

1.0

U Form	s Holdings Rep	опеа.																												
Form	4 Transactions	Reported.	Fil	led pursuant t or Sectio	o Sec on 30(l	tion 16 h) of th	i(a) of the	ne Secu stment C	ırities Exchi Company A	ange Act ct of 194	of 1934 0																			
Name and Address of Reporting Person* SANTANGELO JOSEPH A				2. Issuer	or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]						5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner Officer (give title Other (specify below)																			
(Last) (First) (Middle) 52 SOUTH BROAD STREET					3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2010																									
(Street) NORWICH NY 13815			_ 4. If Amer	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person																				
(City) (State) (Zip)				-										Form filed by More than One Reporting Person																
		Tab	le I - Non-Deri	vative Sec	curit	ies A	cquir	ed, D	isposed	of, or	Benefi	cial	ly Owned	t																
1. Title of Security (Instr. 3) 2. Transaction Date			2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A) or Dispose of (D) (Instr. 3, 4 and 5)				- i		ly	Owners Form: I		Indire	eficial													
			(monumbay)	(Monthibay/Tear)			Amount		(A) or (D)	Price		Issuer's Fi Year (Instr. 4)	iscal Indire		ct (I) (Ins		str. 4)													
NBT Bancorp Inc. Common Stock		12/31/2010			J		2,50	09.187	A	A \$0 ⁽¹⁾		56,862.187		I		by Corporation														
NBT Bancorp Inc. Common Stock												17,4	93	D																
		1	able II - Deriva (e.g.,	ative Secu puts, calls									Owned																	
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	of Deriv Secu Acqu (A) o Disp of (D	osed)) r. 3, 4	Expiration I (Month/Day		te	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)				Ownersh Form: Direct (D or Indirec (I) (Instr.		Beneficia) Ownersh ct (Instr. 4)												
					(A) (D)		Date Exerci	isable	Expiratior Date	Title	Amo or Nun of Sha																			
Non- Qualified Stock Option (right to buy)	\$20.7492						05/01/2006 ⁽²⁾		05/01/2006 ⁽²⁾		05/01/2006 ⁽²⁾		/01/2006 ⁽²⁾ 05/01/2015		NBT Bancorp Inc. 1,50 Common Stock			1,5	1,500 г											
Non- Qualified Stock Option (right to buy)	\$21.74						05/01/2007 ⁽²⁾		05/01/2007 ⁽²⁾		05/01/2007 ⁽²⁾		05/01/2010	NB Banc Inc Comr Stoo	orp :. 1,5 non	500		1,5	500	D										
Non- Qualified Stock Option (right to buy)	\$22.1388						01/01/2005 ⁽²⁾		01/01/2005 ⁽²⁾		01/01/201	NB Banc Inc Comr Stoo	orp :. 1,5 non	500		1,5	500	D												
Non- Qualified Stock Option (right to buy)	\$22.4842						05/01/2008 ⁽²⁾		05/01/2008 ⁽²⁾		05/01/2008 ⁽²⁾		05/01/2008 ⁽²⁾		05/01/2008 ⁽²⁾		05/01/2008 ⁽²⁾		05/01/2008 ⁽²⁾		05/01/201	NB Banc Inc Comr Stoo	orp :. 1,5 non	500		1,5	500	D		
Non- Qualified Stock Option (right to buy)	\$22.5508						05/01/2009 ⁽²⁾		05/01/2009 ⁽²⁾		05/01/201	NB Banc Inc Comr Stoo	orp :. 1,5 non	500		1,5	500	D												
Non- Qualified Stock Option (right to	\$23.2708					01/.		2006 ⁽²⁾	01/20/201	NBT Bancorp Inc. 63 Common Stock		30		63	30	D														

Explanation of Responses:

2. Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

By: F. Sheldon Prentice, Power of Attorney For: Joseph A.

<u>Santangelo</u>

** Signature of Reporting Person

Date

02/11/2011

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.