FORM 5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	Washington,	D.C.	20549
------------------------	-------------	------	-------

ANNUAL STATEMENT OF CHANGES IN BENEFICIA
OWNEDCHID

OMB APPROVAL						
OMB Number:	3235-0362					
Estimated average bu	urden					

Instruction 1(b)

☐ Form 3	B Holdings Rep	orted.		hours per response: 1.0							1.0													
_	Transactions		Fil	led pursuant t or Sectio																				
1. Name and Address of Reporting Person* LEVY JEFFREY M					or Section 30(h) of the Investment Company Act of 1940 2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]							Relationship of Reporting Person(s) to Issuer (Check all applicable) Director												
(Last) 52 SOUT	(F ΓΗ BROAL	*	(Middle)	3. Statem 12/31/20		rIssue	er's Fisca	al Year	Ended (Mo	nth/Day/	Year)	X Officer (give title Other (specify below) President Commercial Banking					·							
(Street) NORWICH NY 13815 (City) (State) (Zip) 4. If Amendment, Date of Original Filed (Month/Day/Year))	Line	X Form f	iled by O iled by M	ne Repo	orting Pe	erson													
(City)			^(Zip) le I - Non-Deri	vative Sed	curiti	es A	cquire	ed, D	isposed	of, or	Benefi	ciall	y Owned											
1. Title of S	L. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any		3. Transaction Code (Instr.		4. Securities Acquired (A) or Dispos of (D) (Instr. 3, 4 and 5)			sed 5. Amount Securities Beneficially		of 6. Owner ly Form:		ership Indii : Direct Ben		lature of irect							
				(Month/Day	/Year)	8)		Amou	ınt	(A) or (D)	A) or D) Price		Issuer's F	er's Fiscal		(D) or Owner (Instr. 4)								
NBT Ban	corp Inc. C	ommon Stock	12/31/2007				J	7	2.191	A \$0(1		\$0(1)		.438	38 D									
NBT Ban	corp Inc. C	ommon Stock	12/31/2007				J	62	28.129	A	\$0	(2)	1,391.885		I 40		401k	01k						
NBT Ban	ncorp Inc. C	ommon Stock	12/31/2007				J	2	18.96	A	\$0	\$0 ⁽³⁾ 48.96 I		[NBT Bancorp ESOP									
		7	able II - Deriva (e.g.,	ative Secu puts, calls									Owned											
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Nu of Deriv Secu Acqu (A) o Dispo of (D) (Insti	rities ired r osed) : 3, 4	Expirati	Exercisable and tion Date n/Day/Year)		Exercisable and tion Date 7. Title and Amount of		nt of ities lying itive Secu	8. Price of Derivative Security (Instr. 5)		ative derivative ity Securities		Ownership Form: Ben Direct (D) or Indirect (I) (Instr. 4)		11. Nature of Indirect Beneficial Ownership (Instr. 4)					
					(A)	(D)	Date Exercis	able	Expiration Date	1 0 N		ount nber res												
Non- Qualified Stock Option (right to buy)	\$22.352						01/01/2007		01/01/2007 ⁽⁴⁾		01/01/2007 ⁽⁴⁾		01/01/2007 ⁽⁴⁾		01/01/2016	NBT Banco Inc. Comm Stoc	orp 5,0	000		5,0	00	D		
Non- Qualified Stock Option (right to buy)	\$23.293						10/01/2006 ⁽⁴⁾		10/01/2015	NBT Banco Inc. Comm Stoc	orp 20,	000		20,0	000	D								
Non- Qualified Stock Option (right to	\$25.762						01/01/20		01/01/2017	NBT Banco Inc. Comm	orp 9,0	000		9,0	00	D								

Explanation of Responses:

- 1. Shares acquired under NBT Bancorp Dividend Reinvestment Plan during period of January 1, 2007 to December 31, 2007 at prices ranging from \$22.6543 to \$23.7832 per share.
- 2. Shares were purchased from 1/1/2007 through 12/31/2007 through NBT Bancorp Inc. 401k Plan.
- 3. Shares were purchased from 1/1/2007 through 12/31/2007 through NBT Bancorp Inc. ESOP Plan.
- 4. Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

By: Michael J. Chewens,

Power of Attorney For: Jeffrey 01/15/2008

M. Levy

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.