FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
vvasilington,	D.C.	20040

<b>STATEMENT</b>	<b>OF CHANGE</b>	ES IN BENEF	ICIAL O	<b>WNERSHIP</b>

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per respon	nse: 0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

		emed on Date,	uts, calls, warrants,		Expiration Date Amount (Month/Day/Year) Securiti Underly Derivati				ities)	3. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following	y D	0. Dwnership orm: Direct (D) r Indirect ) (Instr. 4)	Beneficial Ownership (Instr. 4)				
NBT Bancorp Inc. Common Stock 03/21/2			2022			A		3,431 <sup>(2)</sup> A		\$0.0	2	27,428		D				
NBT Bancorp Inc. Common Stock 03/21/			03/21/2	2022			A		2,697 <sup>(1)</sup> A		\$0.0	2	23,997		D			
		2. Transac Date (Month/Da	Execution Date,		3. Transa Code ( 8)		n Disposed O		es Acquired (A) Of (D) (Instr. 3, 4		Securi Benefi Owned Repor Transa	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		Direct Indirect tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
(City)	(51		Zip) I - Noı	n-Deriva	tive S	ecuri	ities Acq	uired,	Dis	posed o	of, o	or Ben	eficia	lly Own	ed			
													Form filed by More than One Reporting Person					
(Street) NORWICH NY 13815					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)						Line	Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person					
(Last) (First) (Middle) 52 SOUTH BROAD STREET				03/21/2022								EVP, Chief Risk and Credit						
					Date of Earliest Transaction (Month/Day/Year)						- :	Direct Offic below	er (give title		10% Ov Other (s			
Name and Address of Reporting Person*     Wiles Amy			2. Issuer Name <b>and</b> Ticker or Trading Symbol NBT BANCORP INC [ NBTB ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)							

## **Explanation of Responses:**

- 1. Pursuant to NBT Bancorp Inc. Omnibus Restricted Stock Unit Agreement the grant vests 20% annually.
- 2. Pursuant to NBT Bancorp Inc. Omnibus Performance Unit Agreement, each member of a select group of Management is entitled to receive an award based on Company performance goals in the form of restricted stock units that vest one year following the end of a performance period.

Date

Exercisable

and 5)

(A) (D)

> By: Annette L. Burns, Power of Attorney For: Amy Wiles

Amount

Shares

Expiration

Title

03/23/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.