FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

or Section 30(h) of the Investment Company Act of 1940

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
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OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

1	nd Address of r Timothy	Reporting Person*		2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) 52 SOUTH BROAD STREET						3. Date of Earliest Transaction (Month/Day/Year) 01/15/2016							Officer (give title Other (specify below) EVP & President Wealth Mgmt)`
(Street) NORWIC	ORWICH NY 13815										Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					action	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction		4. Securi Disposed 5)	uired (A)	or	5. Amo Securi Benefi Owne	Amount of ecurities eneficially wned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
							Code	v	Amount	(A) (D)	or Pr	ice		action(s) 3 and 4)		(Instr. 4)
NBT Bancorp Inc. Common Stock 01/15.					/2016		F		1,760 D \$		25.11	32,427		D		
NBT Bancorp Inc. Common Stock 01/1				01/15	/2016)16			310	I) \$	25.11	32,117		D	
NBT Bancorp Inc. Common Stock 01/1				01/15	/2016	2016			252) \$	25.11	31,865		D	
NBT Bancorp Inc. Common Stock 01/2					/2016		F		278	.78 D \$		25.11	31,587		D	
NBT Bancorp Inc. Common Stock												287.514		87.514	I	401k
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	ition Date, Trans		on of	6. Date E Expiratio (Month/D	n Date		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Deri Seci (Inst		9. Number of derivative Securities Beneficially Owned Following Reported Transaction((Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)

Explanation of Responses:

By: F. Sheldon Prentice, Power 01/19/2016 of Attorney For: Timothy L.

Amount Number

Shares

Expiration

Title

Date

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Code

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

Date

Exercisable

(D)

(A)

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).