REGISTRATION NO. 333-

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D. C. 20549

FORM S-8
REGISTRATION STATEMENT
UNDER
THE SECURITIES ACT OF 1933

NBT BANCORP INC.

(EXACT NAME OF REGISTRANT AS SPECIFIED IN ITS CHARTER)

DELAWARE
(STATE OR OTHER JURISDICTION OF
INCORPORATION OR ORGANIZATION)

16-1268674 (I.R.S. EMPLOYER IDENTIFICATION NO.)

52 SOUTH BROAD STREET, NORWICH, NEW YORK 13815

NBT BANCORP INC. 1993 STOCK OPTION PLAN (FULL TITLE OF THE PLAN)

(ADDRESS OF PRINCIPAL EXECUTIVE OFFICES) (ZIP CODE)

DARYL R. FORSYTHE
PRESIDENT AND CHIEF EXECUTIVE OFFICER
NBT BANCORP INC.

52 SOUTH BROAD STREET, NORWICH, NEW YORK 13815 (607) 337-6000 (NAME, ADDRESS AND TELEPHONE NUMBER OF AGENT FOR SERVICE)

COPY TO:

BRIAN D. ALPRIN AND LAURENCE S. LESE
DUANE, MORRIS & HECKSCHER LLP
1667 K STREET, N.W., SUITE 700, WASHINGTON, D.C. 20006 (202) 776-7800

APPROXIMATE DATE OF COMMENCEMENT OF SALES PURSUANT TO THE 1993 PLAN: FROM TIME TO TIME AFTER THE EFFECTIVE DATE OF THIS REGISTRATION STATEMENT.

CALCULATION OF REGISTRATION FEE

TITLE OF AMOUNT PROPOSED MAXIMUM PROPOSED MAXIMUM AMOUNT OF SECURITIES TO BE OFFERING AGGREGATE REGISTRATION TO BE REGISTERED REGISTERED (1) PRICE PER SHARE (2) OFFERING PRICE (2) FEE

COMMON STOCK,
NO PAR VALUE,

\$1.00 STATED VALUE 1,558,661
PER SHARE SHARES \$25.375

PER SHARE SHARES \$25.375 \$39,551,023 \$11,668

- (1) PLUS SUCH ADDITIONAL NUMBER OF SHARES AS MAY BE REQUIRED PURSUANT TO THE 1993 STOCK OPTION PLAN IN THE EVENT OF A STOCK DIVIDEND OR SPLIT, RECAPITALIZATION, RECLASSIFICATION, MERGER, CONSOLIDATION, COMBINATION, OR EXCHANGE OF SHARES, OR OTHER SIMILAR CORPORATE CHANGE.
- (2) ESTIMATED SOLELY FOR THE PURPOSE OF CALCULATING THE REGISTRATION FEE AND BASED, PURSUANT TO RULE 457(H)(1), UPON THE AVERAGE OF THE HIGHEST AND LOWEST QUOTED SELLING PRICES OF THE REGISTRANT'S COMMON STOCK REPORTED ON THE NASDAQ NATIONAL MARKET ON NOVEMBER 16, 1998, A DATE WITHIN FIVE DAYS OF THE DATE ON WHICH THIS REGISTRATION STATEMENT WAS FILED.

AN INDEX TO EXHIBITS IS INCLUDED ON PAGE 7 OF THIS FORM S-8.

PART I -- INFORMATION REQUIRED IN THE SECTION 10(A) PROSPECTUS

Pursuant to the instructions for Form S-8, the document containing the information specified in Items 1 and 2 of Part I of the Form S-8 is not being filed with the Commission as part of this Registration Statement, but will be sent or given to employees as specified by Rule 428(b)(1).

PART II -- INFORMATION REQUIRED IN THE REGISTRATION STATEMENT

ITEM 3 -- INCORPORATION OF CERTAIN DOCUMENTS BY REFERENCE

The following documents and portions of documents filed by NBT Bancorp Inc. ("Bancorp") with the Commission are hereby incorporated into this Registration Statement by reference:

- (a) Bancorp's Annual Report on Form 10-K for the year ended December 31, 1997.
- (b) Bancorp's Proxy Statement dated March 17, 1998 for the Stockholders' Annual Meeting held on April 18, 1998, filed pursuant to Section 14 of the Exchange Act.
- (c) Bancorp's Quarterly Reports on Form 10-Q for the quarters ended March 31, 1998, June 30, 1998, and September 30, 1998.
- (d) The description of Bancorp's Common Stock as set forth under the caption "DESCRIPTION OF NBT BANCORP INC. CAPITAL STOCK" presented in Part I of this Form S-8 Registration Statement.

Bancorp additionally incorporates by reference herein all documents to be subsequently filed by Bancorp pursuant to Sections 13, 14 or 15(d) of the Exchange Act, prior to the filing of a post-effective amendment which indicates that all the securities offered have been sold or which deregisters all securities then remaining unsold, and deems such documents to be part hereof from the dates of filing such documents. Copies of these documents will not be filed with this registration statement. Any statement contained herein or in a document incorporated or deemed to be incorporated by reference herein shall be deemed to be modified or superseded for purposes of this Registration Statement to the extent that such statement is modified or superseded by a subsequently filed document which also is or is deemed to be incorporated by reference herein. Any such statement so modified or superseded shall not be deemed to constitute a part of this Registration Statement except as so modified or superseded.

ITEM 4 -- DESCRIPTION OF SECURITIES

This Item is omitted because Bancorp's Common Stock is registered under Section 12 of the Exchange Act.

ITEM 5 -- INTERESTS OF NAMED EXPERTS AND COUNSEL

This Item is omitted because it is not applicable.

ITEM 6 -- INDEMNIFICATION OF DIRECTORS AND OFFICERS

Bancorp's Certificate of Incorporation and By-Laws contain provisions providing that Bancorp shall indemnify any person who was or is a party or threatened to be made a party to any threatened, pending or completed action, suit or proceeding, whether civil, criminal, administrative or investigative, by reason of the fact that he is or was a director or officer of Bancorp, or is or was serving at the request of Bancorp as a director or officer of another corporation, partnership, joint venture, trust, or other enterprise, to the maximum extent authorized and in the manner prescribed by the Delaware General Corporation Law.

Bancorp's Certificate of Incorporation also provides that a Director of Bancorp shall not be personally liable to Bancorp or its stockholders for monetary damages for breach of fiduciary duty as a director, with certain exceptions.

ITEM 7 -- EXEMPTION FROM REGISTRATION CLAIMED

This Item is omitted because it is not applicable.

ITEM 8 -- EXHIBITS

The exhibits to this registration statement are listed in the Exhibit Index included elsewhere herein.

ITEM 9 -- UNDERTAKINGS

RULE 415 OFFERING

The undersigned hereby undertakes:

- To file, during any period in which offers or sales are being made, a post-effective amendment to this registration statement to include any material information with respect to the plan of distribution not previously disclosed in the registration statement or any material change to such information in the registration statement.
- That, for the purpose of determining any liability under the Securities Act of 1933, each such post-effective amendment shall be deemed to be a new registration statement relating to the securities offered therein, and the offering of such securities at that time shall be deemed to be the initial bona fide offering thereof.
- 3) To remove from registration by means of a post-effective amendment any of the securities being registered which remain unsold at the termination of the offering.

FILINGS INCORPORATING SUBSEQUENT EXCHANGE ACT DOCUMENTS BY REFERENCE

The undersigned registrant hereby undertakes that, for purposes of determining any liability under the Securities Act of 1933, each filing of the registrant's annual report pursuant to Section 13(a) or 15(d) of the Securities Exchange Act of 1934 (and, where applicable, each filing of an employee benefit plan's annual report pursuant to Section 15(d) of the Exchange Act) that is incorporated by reference in the registration statement shall be deemed to be a new registration statement relating to the securities offered therein, and the offering of such securities at that time shall be deemed to be the initial bona fide offering thereof.

INDEMNIFICATION OF DIRECTORS AND OFFICERS

Insofar as indemnification for liabilities arising under the Securities Act of 1933 may be permitted to directors, officers and controlling persons of the registrant pursuant to the forgoing provisions, or otherwise, the registrant has been advised that in the opinion of the Securities and Exchange Commission such indemnification is against public policy as expressed in the Act and is, therefore, unenforceable. In the event that a claim for indemnification against such liabilities (other than the payment by the registrant of expenses incurred or paid by a director, officer or controlling person of the registrant in the successful defense of any action, suit or proceeding) is asserted by such director, officer or controlling person in connection with the securities being registered, the registrant will, unless in the opinion of its counsel the matter has been settled by controlling precedent, submit to a court of appropriate jurisdiction the question whether such indemnification by it is against public policy as expressed in the Act and will be governed by the final adjudication of such issue.

SIGNATURES

Pursuant to the requirements of the Securities Act of 1933, the Registrant certifies that it has reasonable grounds to believe that it meets all of the requirements for filing on Form S-8 and has duly caused this Registration Statement to be signed on its behalf by the undersigned, thereunto duly authorized, in the City of Norwich, State of New York, on the seventeenth day of November, 1998.

NBT BANCORP INC.

By: /S/JOE C. MINOR

Joe C. Minor

Chief Financial Officer and

Treasurer

Pursuant to the requirements of the Securities Act of 1933, this Registration Statement has been signed below by the following persons in the capacities indicated.

SIGNATURE	TITLE	DATE
DARYL R. FORSYTHE	President, Chief Executive Officer and Director	November 17, 1998
JOE C. MINOR Joe C. Minor	Chief Financial Officer, Principal Accounting Officer and Treasurer	November 17, 1998
EVERETT A. GILMOUR	Director	November 17, 1998
Everett A. Gilmour		
PETER B. GREGORY	Director	November 17, 1998
Peter B. Gregory		
PAUL O. STILLMAN	Director	November 17, 1998
Paul O. Stillman		
ANDREW S. KOWALCZYK, JR.	Director	November 17, 1998
Andrew S. Kowalczyk, Jr.		
JOHN C. MITCHELL	Director	November 17, 1998
John C. Mitchell		

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By: /s/JOE C. MINOR

Joe C. Minor

Attorney-In-Fact

INDEX TO EXHIBITS

The following documents are attached as exhibits to this Form S-8 or, if annotated by the symbol * , are incorporated by reference as Exhibits to previous filings of the Registrant with the Commission.

Exhibit NUMBER

- 4.1 * Certificate of Incorporation of NBT BANCORP INC., as Amended through April 18, 1998. Form 10-Q for the quarter ended March 31, 1998, filed May 15, 1998, File No. 0-14703. Exhibit 10.3 4.2 * By-Laws of NBT BANCORP INC., as Amended and Restated through November 15, 1994. Form 10-K for the year ended December 31, 1994, filed March 31, 1995, File No. 0-14703. Exhibit 3.3 * NBT BANCORP INC. 1993 Stock Option Plan 4.3 Proxy Statement dated March 17, 1998 for the Annual Meeting held April 18, 1998, filed March 2, 1998. File No. 0-14703. Annex A. 5.1 Opinion of Duane, Morris & Heckscher LLP.
- 23.1 Consent of Duane, Morris & Heckscher LLP (contained in their opinion filed as Exhibit 5.1).
- 23.2 Consent of KPMG Peat Marwick LLP, independent certified public accountants.
- 24.1 Power of Attorney

EXHIBIT NO. 5.1

OPINION AND CONSENT OF DUANE, MORRIS & HECKSCHER LLP

DUANE, MORRIS & HECKSCHER LLP

ATTORNEYS AT LAW

ONE LIBERTY PLACE PHILADELPHIA, PA 19103-7396 (215) 979-1000

> FAX (215) 979-1020

ONE LIBERTY PLACE PHILADELPHIA, PA 19103-7396 380 LEXINGTON AVENUE NEW YORK, NY 10168

305 NORTH FRONT STREET, 5TH FLOOR HARRISBURG, PA 17108-1003

1201 MARKET STREET, SUITE 1500 WILMINGTON, DE 19801-0195

735 CHESTERBROOK BOULEVARD WAYNE, PA 19087-5638

314 S. STATE STREET DOVER, DE 19901

968 POSTAL ROAD, SUITE 200 ALLENTOWN, PA 18109-0400

51 HADDONFIELD ROAD, SUITE 340 CHERRY HILL, NJ 08002-4810

ONE GATEWAY CENTER, SUITE 1210 NEWARK, NJ 07102 249 ROYAL PALM WAY, SUITE 403 PALM BEACH, FL 33480

600 TRAVIS, SUITE 6500 HOUSTON, TX 77002

November 16, 1998

November 10,

LAURENCE S. LESE

DIRECT DIAL:(202) 776-7815 E-MAIL: lese@duanemorris.com

NBT Bancorp Inc. 52 South Broad Street Norwich, New York 13815

Gentlemen:

We have acted as special counsel to NBT Bancorp Inc. (the "Company"), in connection with the preparation and filing with the Securities and Exchange Commission under the Securities Act of 1933, as amended, of a registration statement on Form S-8 (the "Registration Statement") relative to the offer and sale by the Company of up to 1,558,661 shares (the "Shares") of common stock, no par value, stated value \$1.00 per share ("Common Stock"), pursuant to the Company's 1993 Stock Option Plan, as amended (the "Plan").

As special counsel to the Company, we have examined and relied upon originals or copies, authenticated or certified to our satisfaction, of all such corporate records of the Company, including the resolutions of the Company's board of directors and other records relating to the authorization, registration, sale, and issuance of the Shares, communications or certifications of public officials, certificates of officers, directors and representatives of the Company and such other documents as we have deemed relevant and necessary as the basis of the opinions expressed herein. In making such examination, we have assumed the genuineness of all signatures, the authenticity of all documents tendered to us as originals, and the conformity to original documents of all documents submitted to us as certified or photostatic copies.

Based upon the foregoing, we are of the opinion that the Shares to be issued by the Company as described in the Registration Statement, when issued in accordance with the terms and conditions of the Plan, will be legally issued, fully paid, and non-assessable.

We hereby consent to the reference to this firm under the caption "Legal Opinion" in the prospectus portion of the Registration Statement and further consent to the filing of this opinion as an exhibit to the Registration Statement and any amendment thereto.

Sincerely,

DUANE, MORRIS & HECKSCHER LLP

/s/ Duane, Morris & Heckscher LLP

EXHIBIT NO. 23.2

CONSENT OF KPMG PEAT MARWICK LLP

CONSENT OF INDEPENDENT PUBLIC ACCOUNTANTS

The Board of Directors NBT Bancorp Inc.:

We consent to incorporation by reference in the registration statement on Form S-8 for the registration of shares under the NBT Bancorp Inc. 1993 Stock Option Plan of our audit report dated January 15, 1998, relating to the consolidated balance sheets of NBT Bancorp Inc. and subsidiary as of December 31, 1997 and 1996, and the related consolidated statements of income, stockholders' equity, and cash flows for each of the years in the three-year period ended December 31, 1997 which report appears in the December 31, 1997 Annual Report on Form 10-K of NBT Bancorp Inc. and to the reference to our firm under the heading "Experts" in the Prospectus.

/s/ KPMG Peat Marwick LLP

Syracuse, New York November 18, 1998 EXHIBIT 24.1

POWER OF ATTORNEY

POWER OF ATTORNEY

KNOW all men by these presents, that the undersigned officers and directors of NBT BANCORP INC., in the capacities and dates(s) indicated below, do hereby constitute and appoint Daryl R. Forsythe and Joe C. Minor and either of them, the lawful attorneys and agents or attorney and agent, with power and authority to do any and all acts and things and to execute any and all instruments which said attorneys and agents, and any one of them, determine may be necessary or advisable or required to enable NBT BANCORP INC. to comply with the Securities Act of 1933, as amended, and rules or regulations or requirements of the Securities and Exchange Commission in connection with this Registration Statement on Form S-8 for the NBT BANCORP INC. 1993 Stock Option Plan ("Registration Statement"). Without limiting the generality of the foregoing power and authority, the power granted includes the power and authority to sign the names of the undersigned officers and directors in the capacities indicated below to this Registration Statement, to any and all post-effective amendments, and supplements to this Registration Statement and to any and all instruments or documents filed as part of or in conjunction with this Registration Statement or amendments or supplements thereto, and each of the undersigned hereby ratifies and confirms all that said attorneys, agents or any of them shall do or cause to be done by virtue hereof. This Power of Attorney may be signed in several counterparts.

IN WITNESS WHEREOF, each of the undersigned has executed this Power of Attorney as of the date indicated opposite his or her name.

SIGNATURE /s/DARYL R. FORSYTHE Daryl R. Forsythe	TITLE President, Chief Executive Officer and Director	DATE November 17, 1998
/s/JOE C. MINOR Joe C. Minor	Chief Financial Officer, Principal Accounting Officer, and Treasurer	November 17, 1998
/s/EVERETT A. GILMOUR Everett A. Gilmour	Director	November 17, 1998
/s/PETER B. GREGORY Peter B. Gregory	Director	November 17, 1998
/s/PAUL O. STILLMAN Paul O. Stillman	Director	November 17, 1998
/s/ANDREW S. KOWALCZYK, JR. Andrew S. Kowalczyk, Jr.	Director	November 17, 1998
/s/JOHN C. MITCHELL John C. Mitchell	Director	November 17, 1998