# FORM 5

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
vvasimigton,	D.O.	20040

wasnington, D.C. 205

OMB APPROVAL						
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1.0

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Form 3 Holdings Reported.

Form 4 Transactions Reported.

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     Stagliano Joseph R		n*	2. Issuer Name <b>and</b> Ticker or Trading Symbol NBT BANCORP INC [ NBTB ]	Relationship of Reporting Person(s) to Issuer (Check all applicable)				
				l	Director	10% Owner		
(Last)	Last) (First) (Middle)		Statement for Issuer's Fiscal Year Ended (Month/Day/Year)     12/31/2020	X	Officer (give title below)  EVP President Reta	Other (specify below)		
52 SOUTH BROAD STREET			12/01/2020		L VI Tresident Reta	iii Daiikiiig		
(Street)			4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indivi	idual or Joint/Group Filing	(Check Applicable		
NORWICH	NY	13815		X	Form filed by One Repo	orting Person		
					Form filed by More than	One Reporting		
(City)	(State)	(Zip)			Person			

#### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction 2A. Deemed 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Amount of 6. Ownership Form: Direct 7. Nature of Transaction **Execution Date** Indirect Beneficial (Month/Day/Year) Code (Instr. Beneficially (D) or 8) Owned at end of Issuer's Fiscal Indirect (I) (Instr. 4) Ownership (Instr. 4) (Month/Day/Year) (A) or (D) Amount Price Year (Instr. 3 and NBT Bancorp Inc. Common Stock 12/31/2020 110.855 \$0.0<sup>(1)</sup> 63,766.955 A D 12/31/2020 401k NBT Bancorp Inc. Common Stock J 206.11 A \$0.0(2) 5,965.48 Ι NBT NBT Bancorp Inc. Common Stock 12/31/2020 59.523 Α \$0.0(3) 1,722.794 Bancorp **ESOP**

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number Derivative Securities Acquired (A or Dispose (D) (Instr. 3 and 5)	A) d of	Expiration Date (Month/Day/Year) S		nd 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported		11. Nature of Indirect Beneficial Ownership (Instr. 4)
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Phantom Stock	(4)	12/31/2020		J	463.119 <sup>(5)</sup>		(4)	(4)	NBT Bancorp Inc. Common Stock	463.119	\$0.0	13,424.889	D	

## Explanation of Responses:

- 1. Shares were purchased through a Dividend Reinvestment Plan from 1/1/2020 to 12/31/2020.
- $2. \ Shares \ were \ purchased \ through \ payroll \ deferral \ and/or \ dividend \ reinvestment \ from \ 1/1/2020 \ to \ 12/31/2020 \ through \ NBT \ Bancorp \ Inc. \ 401k \ Plan.$
- $3.\ Shares\ were\ purchased\ through\ payroll\ deferral\ and/or\ dividend\ reinvestment\ from\ 1/1/2020\ to\ 12/31/2020\ through\ NBT\ Bancorp\ Inc.\ ESOP\ Plan\ Plan$
- 4. Each share of phantom stock is deemed invested in one share of NBT Bancorp Inc. common stock pursuant to the terms of the Deferred Compensation Plan.
- $5. \ Shares were purchased through payroll deferral and/or dividend reinvestment from 1/1/2020 to 12/31/2020 through a NBT Bancorp Inc. deferred compensation plan.$

By: Annette L. Burns, Power of
Attorney For: Joseph R. 02/11/2021

<u>Stagliano</u>

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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