FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CHEWENS MICHAEL J						2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]									(Check all a Dir		olicable) ctor	Person(s) to Issuer 10% Owner Other (specify	
(Last) (First) (Middle) 52 SOUTH BROAD STREET							3. Date of Earliest Transaction (Month/Day/Year) 01/01/2016									Officer (give title Other (specify below) Sr EVP & CFO			
(Street) NORWICH NY 13815 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									i. Indivine)	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
Da					2. Transaction Date (Month/Day/Year)			2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction						Secur Benef	cially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
							Code	v	Amount		(A) or (D)	Price	;	Transa	action(s) 3 and 4)		(111501.4)		
NBT Bancorp Inc. Common Stock 01/						1/2016					791		D	\$26	6.96		5,467	D	
NBT Ban	IBT Bancorp Inc. Common Stock															14,622.927		I	401k
NBT Bancorp Inc. Common Stock																3,922.861		I	NBT Bancorp ESOP
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Ye)			Execution if any			ransaction code (Instr.		of		Exercis on Date Day/Ye		Amount of Securities Underlying Derivative Security (Ins and 4)			Deri Secu	rivative curity str. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercis		Expiration Date	Title	of	mber ares					

Explanation of Responses:

By: F. Sheldon Prentice, Power

of Attorney For: Michael J.

Chewens

** Signature of Reporting Person Date

01/05/2016

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.