FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(h)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

								,					-							
1. Name and Address of Reporting Person* Brenner Timothy						2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]									Check all a	ship of Reporti applicable) rector	ng Pe	erson(s) to Is		
(Last) (First) (Middle) 52 SOUTH BROAD STREET						3. Date of Earliest Transaction (Month/Day/Year) 03/15/2013										ficer (give title low) VP & President		Other (specify below)		
(Street) NORWICH NY 13815 (City) (State) (Zip)						4. If Amendment, Date of Original Filed (Month/Day/Year)									ine) X Fo	,				
		Tabl	le I - No	n-Deriv	/ative	Se	ecuriti	es Ac	quired	, Dis	posed o	f, or	Ben	efici	ally Ow	ned				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day						Exe ay/Year) if ar		A. Deemed Execution Date, f any Month/Day/Year)		Transaction Disposed Code (Instr.		ities Acquired (A) d Of (D) (Instr. 3, 4			nd 5) Sec Bei Ow	mount of urities eficially ned Following orted	For (D)	Ownership rm: Direct or Indirect (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
						Code	v	Amount	(A) or (D) Pr		Price	Tra	nsaction(s) str. 3 and 4)			(Instr. 4)				
NBT Bancorp Inc. Common Stock 03/15/2						2013			F	V	650		D	\$22.	105	20,251		D		
NBT Bancorp Inc. Common Stock															250.886		I	401k		
		Та									osed of, onvertib					d				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deen Executio if any (Month/D	n Date,	4. Transaction Code (Instr. 8)		on of		6. Date I Expiration (Month/I	on Da		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		İ	8. Price of Derivative Security (Instr. 5)		y	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	or Nu of	nount mber ares						

Explanation of Responses:

By: F. Sheldon Prentice, Power

of Attorney For: Timothy 03/18/2013

<u>Brenner</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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