SEC Form 3

FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Add LEVY JEF		F (I	. Date of Event Requiring Stater Month/Day/Yea 2/28/2006	ment 📘	3. Issuer Name and Ticker or Trading Symbol <u>NBT BANCORP INC</u> [NBTB]					
(Last) (First) (Middle) 52 SOUTH BROAD STREET (Street)					4. Relationship of Reporting Perso (Check all applicable) Director X Officer (give title below)	10% Owne Other (spe below)	cify 6. I	nth/Day/Year) ndividual or Joint licable Line)	ate of Original Filed /Group Filing (Check y One Reporting Person	
NORWICH	NY	13815			President Commercia	II Dalikilig			y More than One	
(City)	(State)	(Zip)								
Table I - Non-Derivative Securities Beneficially Owned										
1. Title of Security (Instr. 4)					Amount of Securities eneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5) 4. Nature of Indirect Beneficial Ownership (Instr. 5)		Beneficial Ownership		
NBT Bancorp Inc. Common Stock					4,006.247	D				
NBT Bancorp Inc. Common Stock					761.848	Ι	401k			
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 4)		2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Ins		4. Conversion or Exercise	se Form:	6. Nature of Indirect Beneficial Ownership (Instr. 5)		
		Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivative Security	Direct (D) or Indirect (I) (Instr. 5)			
Non-Qualified	l Stock Option	(right to buy)	01/01/2007 ⁽¹⁾	01/01/2016	NBT Bancorp Inc. Common Stock	5,000	22.352	D		
Non-Qualified Stock Option (right to buy)		10/01/2006 ⁽¹⁾	10/01/2015	NBT Bancorp Inc. Common Stock	20,000	23.293	D			

Explanation of Responses:

1. Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.

By: Michael J. Chewens,

Power of Attorney For: Jeffrey 01/03/2007

M Levy

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 \ast If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

OMB APPROVAL 3235-0104 OMB Number: