FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940 Instruction 1(b).

Name and Address of Reporting Person* Burns Annette L					2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]										ationship of Reportink all applicable) Director Officer (give title		10%	o Issuer o Owner er (specify	
(Last) 52 SOUT) (First) (Middle) OUTH BROAD STREET						3. Date of Earliest Transaction (Month/Day/Year) 01/15/2023								below) SVP, Chief Acc		belo	ow)	
(Street)	CH NY	7 1	13815		4. If Amendment, Date o					of Original Filed (Month/Day/Year)					ndividual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City)	(St		(Zip)																
1. Title of Security (Instr. 3)			2. Transaction Date		2A. Deemed Execution Date,		3. Transaction Code (Instr.					5. Amount of 4 and Securities Beneficially Owned Following		unt of ties cially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership			
								Code	v	Amount	(A) (D)	or Pr	ice	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)		
NBT Bancorp Inc. Common Stock			01/15/2	01/15/2023				F		119	D	\$	44.01	14,173.239		D			
NBT Bancorp Inc. Common Stock			01/15/2	15/2023				F		36	D	\$	44.01	14,137.239		D			
NBT Ban	corp Inc. C	nc. Common Stock 01/15			2023				F		42	D	\$	44.01	14,095.239		D		
NBT Ban	ncorp Inc. C	ommon Stock		01/15/2	2023				F		36	D	\$	44.01 14,059.239 D					
NBT Ban	BT Bancorp Inc. Common Stock 01/15/2					.023		F		50	D	\$	44.01	14,009.239		D			
		Та	ble II -								osed of, o				Owne	d			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Date (Month/Day/Year)	Execut if any	if any		4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		Exercion Da Day/Y		7. Title and Amount of Securities Underlying Derivative Security (In 3 and 4)		De Se (In	erivative ecurity nstr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transactior (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownershi ect (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisabl		Expiration Date	Title	Amou or Numb of Title Share						

Explanation of Responses:

Annette L. Burns

01/18/2023

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).