FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549	OMB APPROVAL				
STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP	OMB Number:	3235			

Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL							
OMB Number: 3235-0287							
Estimated average burden							
hours per response: 0							

Name and Address of Reporting Person* Kingsley Scott Allen				2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]									heck all app Dired	tor	ng Pei	10% Ov	vner		
(Last) 52 SOUT	(Fir ΓΗ BROAD	,	Middle)			Date of Earliest Transaction (Month/Day/Year) /20/2023								belov	er (give title w) & Chief I	Finan	Other (s below)	` '	
(Street)	CH NY	? 1	3815		4. If A	Amend	ment,	Date o	f Origina	al Filed	d (Month/Da	y/Yea	ar)	6. Lir	ne) X Form	r Joint/Grou n filed by On n filed by Mo on	e Rep	orting Perso	on
(City)	(Sta	ate) (Z	Zip)		Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to														
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)			Execution I		Date,	Code (Instr.					nd Securi Benefi Owned	cially I Following	Form (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership				
								Code	v	Amount	(A (D	() or ()	Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
NBT Bancorp Inc. Common Stock 03/20/				03/20/	/2023		A		4,151(1)) A \$0		0 25,947			D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Conversion or Exercise Price of Derivative Security (Instr. 3) 2. Conversion Date (Month/Day/Year) 3A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Code (Instr. 8)		of Deriv Secu Acqu (A) o Dispo	r osed) r. 3, 4	Expiration Day/Yeises ed		te	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		f g	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownershi Form: y Direct (D) or Indirec (I) (Instr. 4		11. Nature of Indirect Beneficial Ownership (Instr. 4)			
					Code V		(A)	(D)	Date Exercisable		Expiration Date	Amour or Number of Title Shares		mber					

Explanation of Responses:

1. Pursuant to NBT Bancorp Inc. Omnibus Restricted Stock Unit Agreement the grant vests 20% annually.

By: Annette L. Burns, Power 03/22/2023 of Attorney For: Scott A.

Kingsley

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.