## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

<b>STATEMENT</b>	OF CHANGES	S IN BENEFICIAL	<b>OWNERSHIP</b>

OMB APPRO	VAL				
OMB Number:	3235-0287				
Estimated average burde	en				
hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  RAVEN DAVID E					2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [ NBTB ]  5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner														
(Last) (First) (Mindle) L				3. Date of Earliest Transaction (Month/Day/Year) 10/28/2015  X Officer (give title below) Delow) President of Retail Banking												specify			
(Street) NORWICH NY 13815 (City) (State) (Zip)			4.1										6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting Person     Form filed by More than One Reporting						
(City)	(S														Person				
1. Title of S	Security (Ins		ble I - No	n-Deri		_	2A. De		quire	d, Di	÷	osed of  4. Securitie			ly Owned 5. Amou	nt of	6. Ov	vnership	7. Nature of
(Last) (First) (  52 SOUTH BROAD STREET  (Street) NORWICH NY  (City) (State) (  Tab  1. Title of Security (Instr. 3)  NBT Bancorp Inc. Common Stock  Inc. Title of Inc. Inc. Inc. Inc. Inc		Date (Month/	Date (Month/Day/Yea		(Month/Day/Year)		` <del>  `                                  </del>		r.	Disposed C	Of (D) (Instr.		Beneficia Owned F Reported	Securities Beneficially Owned Following Reported Transaction(s)		r Indirect str. 4)	Indirect Beneficial Ownership (Instr. 4)		
NBT Bancorp Inc. Common Stock				10/29			Q/201		Code	· V	+	19,000	(D) A	Price \$25.7	(Instr. 3 a	and 4)		D	
Table I - No  1. Title of Security (Instr. 3)  NBT Bancorp Inc. Common Stock  Table II  1. Title of Derivative Conversion or Exercise Price of Derivative (Instr. 3)  3. Transaction Date (Month/Day/Year) (Month/Day/Year)  (Month/Day/Year)				/28/2015 /28/2015				S	+	$\dagger$	19,000	D	\$28.		54,048.032 35,048.032				
NBT Ban	<u> </u>									T			1		25,23	25,235.8379		.8379 I	
NBT Bancorp Inc. Common Stock														3,207	3,207.9817		I	NBT Bancorp ESOP	
			Table II -									sed of, o			Owned				
Derivative Security	Conversion or Exercise Price of Derivative	Date	3A. Deemee Execution I if any (Month/Day	Date,		5. Number 6. cansaction of Derivative (N		6. Date Exercisable and Expiration Date (Month/Day/Year)  7. Title of Sec Underly Deriva			7. Title and of Securitic Underlying Derivative (Instr. 3 an	es   Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)		
														Amount	1				
					Code	v	(A)	(D)	Date Exercis	able		xpiration ate	Title	Number of Shares					
Non- Qualified Stock Option (right to buy)	\$25.762	10/28/2015			M			19,000	01/01/2	008 <sup>(1)</sup>	0	1/01/2017	NBT Bancorp Inc. Common Stock	19,000	\$28.5	0		D	
Non- Qualified Stock Option (right to buy)	\$20.19								01/15/20	011 <sup>(2)</sup>	0	1/15/2020	NBT Bancorp Inc. Common Stock	18,000		18,00	0	D	
Non- Qualified Stock Option (right to buy)	\$20.3617								01/15/20	009 <sup>(1)</sup>	0	1/15/2018	NBT Bancorp Inc. Common Stock	17,000		17,00	0	D	
Non- Qualified Stock Option (right to buy)	\$25.38								01/15/20	)10 <sup>(2)</sup>	0:	1/15/2019	NBT Bancorp Inc. Common Stock	18,000		18,00	0	D	

## **Explanation of Responses:**

- 1. Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan grant vests 40% for first year, 20% annually for following years.
- $2.\ Pursuant\ to\ NBT\ Bancorp\ Inc.\ Omnibus\ Stock\ Option\ Agreement\ the\ grant\ vests\ 40\%\ for\ first\ year,\ 20\%\ annually\ for\ following\ years.$

By: F. Sheldon Prentice, Power of Attorney For: David E.

10/29/2015

\*\* Signature of Reporting Person

Date

- Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.
- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v). \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.