FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

washington, D.C. 200

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

					0	Sectio	n 30(h	1) of tr	ie inves	tment (Company Act	of 1940								
1. Name and Address of Reporting Person* SANTANGELO JOSEPH A						2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Last) (First) (Middle) 52 SOUTH BROAD STREET						3. Date of Earliest Transaction (Month/Day/Year) 11/28/2014									X Director 10% Own Officer (give title below) below)				(specify	
(Street)					_ 4.	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
NORWICH NY 13815 (City) (State) (Zip)				-	Form filed by More the Person										lore than	One Rep	orting			
				Non-Deri	vativ	e Sec	uriti	es A	cauir	ed. D	isposed o	of. or E	Benefic	iall	v Owned					
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Ye					ion	2A. Deemed Execution Date, if any (Month/Day/Year)			3. Transa Code (8)	ction	4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and				5. Amount of			irect In direct B 4) O	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					04.4				Code	v	Amount	(A) or (D)	Price	****	Transaction (Instr. 3 and	ion(s) and 4)		<u> </u>		
NBT Bancorp Inc. Common Stock 11/28/2 NBT Bancorp Inc. Common Stock 11/28/2								S		630 630	A D		\$23.2708 15,9 \$24.91 15,3				_			
NBT Bancorp Inc. Common Stock												63,57		63,578.	3.166 I		b	y orporatio		
		-	Table								posed of				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	onversion Date Execution Date, if any (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) Execution Date, if any (Month/Day/Year) 8				ransaction of ode (Instr. Derivative			Expira	e Exerc ttion Da h/Day/Y		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Benefici Ownersi t (Instr. 4)	
					Code	v	(A)	(D)	Date Exerci	isable	Expiration Date	Title	Amo or Num of Shar	ber						
Non- Qualified Stock Option (right to buy)	\$23.2708	11/28/2014			М			630	01/20/	2006 ⁽¹⁾	01/20/2015	NBT Bancor Inc. Commo Stock	63	0	\$24.91	0		D		
Non- Qualified Stock Option (right to buy)	\$20.7492								05/01/	2006 ⁽¹⁾	05/01/2015	NBT Bancor Inc. Commo Stock	rp 1,50	00		1,500		0 D		
Non- Qualified Stock Option (right to buy)	\$21.74								05/01/	2007 ⁽¹⁾	05/01/2016	NBT Bancor Inc. Commo Stock	7p 0n 1,5	00		1,500		D		
Non- Qualified Stock Option (right to buy)	\$22.4842								05/01/	2008 ⁽¹⁾	05/01/2017	NBT Bancon Inc. Commo Stock	7p on 1,5	00		1,5	600	D		
Non- Qualified Stock Option (right to	\$22.5508								05/01/	2009 ⁽¹⁾	05/01/2018	NBT Bancor Inc. Commo	7p 0n 1,5	00		1,5	600	D		

Explanation of Responses:

By: F. Sheldon Prentice, Power of Attorney For: Joseph A. 1
Santangelo

^{1.} Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan grant vests 40% for first year, 20% annually for following years.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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