SEC Form 4	
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FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Date		2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
(City)	(State)	(Zip)										
NORWICH	NY	13815						Form filed by Mo Person				
(Street)				ionament, Date of		(monalized), really	Line)					
52 SOUTH BR	OAD STREET		4 If An	nendment, Date of	Original Filed	(Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable					
(Last)	(First)	(Middle)	3. Date 05/25	of Earliest Transac /2021	ction (Month/E	9ay/Year)		Officer (give title below)	Other below	(specify /)		
1. Name and Addr CIVIL PATE	1 0	Person*		er Name and Ticke BANCORP	0	,	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner					

Code V Amount (A) or (D) Price Transaction(s) (Instr. 3 and 4)		. , ,	(Month/Day/Year)	onth/Day/Year) 8)			,			(I) (Instr. 4)	Ownership (Instr. 4)
NBT Bancorp Inc. Common Stock 05/25/2021 A 908 ⁽¹⁾ A \$0.0 30,069.612 D				Code	v	Amount	(A) or (D)	Price	Transaction(s)		(1130.4)
	NBT Bancorp Inc. Common Stock	05/25/2021		Α		908(1)	Α	\$0.0	30,069.612	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

	(c.g., puls, calls, warrants, options, convertible securities)														
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transa Code (8)		of Deriv Secu Acqu (A) o Dispe of (D)	vative rities lired r osed) . 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		and 7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Non- Qualified Stock Option (right to buy)	\$24.5							12/15/2016 ⁽²⁾	12/15/2024	NBT Bancorp Inc. Common Stock	2,130		2,130	D	
Non- Qualified Stock Option (right to buy)	\$25.92							04/08/2018 ⁽²⁾	04/08/2026	NBT Bancorp Inc. Common Stock	1,500		1,500	D	

Explanation of Responses:

1. Acquired pursuant to the NBT Bancorp Inc. 2018 Omnibus Incentive Plan. Each outside director is entitled to receive an annual retainer for Board service in the form of restricted stock units of the Company's common stock that vests in three annual installments.

2. Pursuant to NBT Non-Employee Director, Divisional Director and Subsidiary Director Stock Option Plan reload grant vests 100% two years after date of its grant.

By: Annette L. Burns, Power of 05/26/2021

Attorney For: Patricia T. Civil

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.