FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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	Check this box if no longer subject
\Box	to Section 16. Form 4 or Form 5
\cup	obligations may continue. See
	Instruction 1(b)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(b) of the Investment Company Act of 1940

					1 000		30(11) 0	1 1110 11	TV COUTION		iipaiiy Act C	71 10-1							
Name and Address of Reporting Person* DIETRICH MARTIN A				2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]								(Che	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
					3 Dat	2 Pote of Faulicet Transaction (Month/Pau/Vos.)								$+$ \times				10% Ov	· I
(Last) (First) (Middle)			3. Date of Earliest Transaction (Month/Day/Year) 05/16/2023									belov	er (give title v)		Other (s below)	specify			
52 SOUTH BROAD STREET				4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Inc	6. Individual or Joint/Group Filing (Check Applicable Line)						
(Ctroot)													1 ′	X Form filed by One Reporting Person					
(Street) NORWI	CH N	Y 1	3815												Form Pers	i filed by Mo on	re than (One Rep	orting
(City)	(Si	rate) (Z	Zip)		Rule 10b5-1(c) Transaction Indication														
Check this box to indicate that a transaction was made pursus satisfy the affirmative defense conditions of Rule 10b5-1(c). S																			
		Table	I - No	n-Deriva	tive S	ecui	rities	Acq	uired,	Dis	posed of	f, or	Bene	eficial	ly Owr	ned			
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day				·	Deemed cution Date, y th/Day/Year)		Transaction Disposed Code (Instr. and 5)		ities Acquired (. d Of (D) (Instr. 3			5. Amo Securi Benefi Owned Follow	ties cially I ing	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
								Code	v	Amount	(A (C	A) or D)	Price	Reported Transaction(s) (Instr. 3 and 4)					
NBT Bancorp Inc. Common Stock 05/16/2					2023				A		1,250 ⁽¹⁾ A		Α	\$0.0	110,234		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ercise (Month/Day/Year) if any of (Month/Day/Year ative		tion Date,	4. Transaction Code (Instr. 8)		5. Numl of Deriv Secu Acqu (A) or Dispo of (D) (Instr	rative rities ired r osed)	Expiration	ate Exercisable and ration Date nth/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4		De Se (In	Price of crivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ow For Dir or (I)	vnership rm: rect (D) Indirect (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Amo or Num of Shar	ber					

Explanation of Responses:

1. Acquired pursuant to the NBT Bancorp Inc. 2018 Omnibus Incentive Plan. Each outside director is entitled to receive an annual retainer for Board service in the form of restricted stock units of the Company's common stock that vest in one year.

By: Annette L. Burns, Power of Attorney For: Martin A.

Dietrich

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.