FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

hington,	D.C.	20549		

	washington, D.C. 20549	
STATEMENT	OF CHANGES IN BENEFICIAL	OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Smaniotto Cynthia A				2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner V Officer (give title Other (specify					wner		
(Last) 52 SOUT	(Last) (First) (Middle) 52 SOUTH BROAD STREET			3. Date of Earliest Transaction (Month/Day/Year) 05/21/2024								X	belov	Officer (give title below) Other (below) Other (below) Other (below)			specify		
(Street) NORWICH NY 13815			4. If <i>I</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(Sta	ate) (Z	Zip)			Rule 10b5-1(c) Transaction Indication													
						Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.													
		Table	I - Noı	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	Benefic	ially	/ Own	ed			
1. Title of Security (Instr. 3) 2. Transal Date (Month/Di			Execution Date,		Date,	Transaction Disposed (Code (Instr. 5)		es Acquired (A) or Of (D) (Instr. 3, 4 and			5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount	(A) (D)	or Pric	e	Transa	ction(s) 3 and 4)			(11041. 4)
NBT Bancorp Inc. Common Stock 05/2				05/21/	2024		A		1,000(1)	A	\$	0.0	13,8	13,869.927		D			
NBT Bancorp Inc. Common Stock														3,204.154			I	401k	
NBT Bancorp Inc. Common Stock														857.788			I	NBT Bancorp ESOP	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	Derivative Conversion Date Execution Date, Gecurity or Exercise (Month/Day/Year) if any				Transaction of Code (Instr. Derivative		vative urities uired or osed) r. 3, 4	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr 3 and 4)		8. Price of Derivative Security (Instr. 5)		9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	ly [C	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
				c		le V (A) (D)		Date Expiration Date		Title	Amount or Number of Shares	r							

Explanation of Responses:

1. The award is in the form of restricted stock units which represents a contingent right to receive one share of NBT Bancorp Inc. common stock for each stock unit awarded. The restricted stock units vest in full as of the second anniversary of the Grant Date and may not be settled in cash.

> By: Annette L. Burns, Power of Attorney For: Cynthia A. **Smaniotto**

05/22/2024

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.