FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* CIVIL PATRICIA T (Last) (First) (Middle) 52 SOUTH BROAD STREET						2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]									Relationsh neck all ap X Dire	olicable)	g Person(s) to Issuer 10% Owner	
						3. Date of Earliest Transaction (Month/Day/Year) 01/26/2004									Offic belo	er (give title w)	Other below	(specify
(Street) NORWIC			13815 Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year) 01/27/2004							6. Lin	e) <mark>X</mark> Forr	or Joint/Group Filing (Check Applicable m filed by One Reporting Person m filed by More than One Reporting son			
		Tabl	e I - Non	-Deriv	ative	Sec	curitie	s Acc	quired,	Dis	posed o	f, or	Bene	ficia	lly Own	ed		
Dat			2. Trans Date (Month/		ar) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 5) 4. Securiti						d Secur Benef	icially d Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership	
									Code	v	Amount	(A (E	N) or D)	Price	Trans	action(s) 3 and 4)		(Instr. 4)
NBT Bancorp Inc. Common Stock				12/3	1/2003	/2003			J	V	10.04	4	A (1)		1,	196.04	D	
		Та	ıble II - D								sed of, onvertib				Owned			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date if any (Month/Day/Yea	Date,	4. Transaction Code (Instr. 8)				6. Date Expiration (Month/Date	9	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		tr. 3 unt	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	Num of Shar	.					

Explanation of Responses:

1. Includes 10.04 shares acquired under Dividend Reinvestment Plan during period of September 1 to December 31, 2003 at prices ranging from \$20.950 to \$21.380 per share. Also includes 250 shares acquired November 10, 2003 subsequently reported on delinquent Form 4 filing.

> By: Michael J. Chewens, Power of Attorney For: Patricia 02/19/2004 T. Civil

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.