

NBT Bancorp Inc. Announces First Quarter Earnings of \$0.43 per Share, Up 54% From the Fourth Quarter of 2007; Declares Cash Dividend

April 28, 2008

NORWICH, NY, Apr 28, 2008 (MARKET WIRE via COMTEX News Network) -- NBT Bancorp Inc. (NBT) (NASDAQ: NBTB) reported today that net income per diluted share for the three months ended March 31, 2008 was \$0.43 per share, compared with \$0.28 per share and \$0.41 per share for the three months ended December 31, 2007 and March 31, 2007, respectively. Return on average assets and return on average equity were 1.07% and 13.68%, respectively, for the three months ended March 31, 2008, compared with 0.69% and 9.06%, respectively, for the three months ended December 31, 2007 and 1.13% and 14.06%, respectively, for the three months ended March 31, 2007. Net income for the three months ended March 31, 2008 was \$13.7 million, up \$4.7 million, or 52.7%, from the three months ended December 31, 2007, and down \$0.4 million, or 2.9%, from net income of \$14.1 million reported for the three months ended March 31, 2007. The increase in net income for the three months ended March 31, 2008 as compared with the three months ended December 31, 2007 was primarily the result of an increase in net income as well as a decrease in the provision for loan and lease losses in the first quarter of 2008. The decrease in net income for the three months ended March 31, 2008 as compared with the same period in 2007 was primarily the result of a \$4.4 million increase in the provision for loan and lease losses from the prior period, as well as an increase in noninterest expense totaling \$3.2 million. These increases were partially offset by a \$3.4 million, or 8.5%, increase in net interest income of \$12.7 million, reported for the three months ended March 31, 2008 as compared to the three months ended March 31, 2007. In addition, noninterest income for the three months ended March 31, 2008 was \$16.1 million, up \$3.4 million or 26.8% from noninterest income of \$12.7 million reported for the same period in 2007.

NBT President and CEO Martin A. Dietrich said, "The financial services industry continues to experience challenging market conditions in 2008. Given this difficult environment, I am pleased with our results for the first quarter. In particular, noninterest income was up 26.8% for the first quarter of 2008, compared with the first quarter of 2007, as we continue to focus on our fee initiatives as well as other areas of noninterest income that are so important to our future. In addition, our net interest income was up 8.5% from the first quarter of 2007, as we experienced growth in earning assets and an increase in our net interest margin of 21 basis points. We continue to closely monitor our asset quality and are encouraged by the improvement in the past due loans from \$25.9 million to \$19.7 million and the decrease in potential problem loans from \$73.3 million to \$58.5 million. As a result of the continued dedication and focus of our team, I am pleased and encouraged by our results in the first quarter of 2008."

Loan and Lease Quality and Provision for Loan and Lease Losses

Nonperforming loans at March 31, 2008 were \$30.4 million or 0.87% of total loans and leases compared with \$30.6 million or 0.88% at December 31, 2007. The allowance for loan and lease losses totaled \$56.5 million at March 31, 2008, as compared to \$54.2 million at December 31, 2007 and \$50.6 million at March 31, 2007.

The Company recorded a provision for loan and lease losses of \$6.5 million during the first quarter of 2008 compared with \$13.4 million and \$2.1 million for the three months ending December 31, 2007 and March 31, 2007, respectively. Net charge-offs totaled \$4.2 million for the three month period ending March 31, 2008, down from \$14.1 million for the three months ending December 31, 2007, and up from \$2.1 million for the three months ended March 31, 2007. The decrease in the provision for loan and lease losses and net charge-offs from December 31, 2007 was due primarily to a charge-off related to one large commercial loan during the fourth quarter of 2007. The increase in the provision for loan and lease losses and net charge-off in the first quarter of 2008 related to the aforementioned commercial loan. Net charge-offs to average loans and leases for the three months ended March 31, 2008, were 0.48%, compared with 1.63% for the three months ended December 31, 2007, and 0.25% for the three months ended March 31, 2007. The Company's allowance for loan and lease losses was 1.61% of loans and leases at March 31, 2008, compared with 1.57% at December 31, 2007 and 1.49% at March 31, 2007.

Net Interest Income

Net interest income was up 5.3% to \$44.1 million for the three months ended March 31, 2008 compared with the three months ended December 31, 2007, and up 8.5% compared with \$40.6 million for the three months ended March 31, 2007. The Company's fully taxable equivalent (FTE) net interest margin increased from 3.61% and 3.63% for the three months ended December 31, 2007 and March 31, 2007, respectively, to 3.84% for the three months ended December 31, 2007 and March 31, 2007, respectively, to 3.84% for the three months ended March 31, 2008 as compared to the three months ending March 31, 2007. The growth in average earning assets for the three months ended March 31, 2008, as compared to the three months ended March 31, 2007 was due primarily to an increase in average loans and leases. Although the yield on interest earning assets decreased 22 basis points, the yield on interest bearing liabilities declined 49 basis points, which contributed to the increase in the net interest margin from the three months ended March 31, 2007. The yield on money market deposit accounts declined from 3.45% for the three months ended March 31, 2007. The yield on money market deposits decreased 30 basis points for the same periods. The yield on short term borrowings declined 163 basis points for the three months ended March 31, 2007 to 2.25% at March 31, 2007 to 2.25% at March 31, 2008.

Noninterest Income

Noninterest income for the three months ended March 31, 2008 was \$16.1 million, up \$3.4 million or 26.8% from \$12.7 million for the same period in 2007. The increase in noninterest income was due primarily to an increase in fees from service charges on deposit accounts and ATM and debit cards, which collectively increased \$2.3 million as the Company focused on enhancing fee income through various initiatives. In addition, trust administration income increased \$0.3 million for the three month period ended March 31, 2008, compared with the same period in 2007. This increase stems primarily from an increase in customer accounts resulting from successful business development. Other noninterest income increased \$0.6 million for the three month period ended March 31, 2007. This increase was due primarily to a \$0.4 million gain from the

mandatory redemption of Visa, Inc. common stock associated with its initial public offering. Net securities gains and losses for the three month periods ended March 31, 2008 and 2007 were nominal and had no significant effect on noninterest income.

Noninterest Expense and Income Tax Expense

Noninterest expense for the three months ended March 31, 2008 was \$34.0 million, up from \$30.9 million for the same period in 2007. Office expenses, such as supplies and postage, occupancy, equipment and data processing and communications charges were \$9.9 million for the three months ended March 31, 2008, up \$0.6 million, or 7.2%, from \$9.3 million for the three months ended March 31, 2007. This increase was due primarily to increased expenses related to branch openings. Salaries and employee benefits increased \$0.8 million, or 5.0%, for the three months ended March 31, 2008 compared with the same period in 2007. Professional fees and outside services increased \$1.4 million for the three month period ended March 31, 2008, compared with the same period in 2007, due primarily to fees and costs related to the aforementioned noninterest income initiatives. Income tax expenses for the three month period ended March 31, 2008 was \$5.9 million, down from \$6.2 million for the same period in 2007. The effective rates were 30.2% and 30.6% for the three month periods ended March 31, 2008 and 2007, respectively.

Balance Sheet

Total assets were \$5.2 billion at March 31, 2008, up \$28.0 million or 0.5% from \$5.2 billion at December 31, 2007, and up \$129.0 million or 2.5% from \$5.1 billion at March 31, 2007. Loans and leases were \$3.5 billion at March 31, 2008, up \$49.6 million or 1.4% from \$3.5 billion at December 31, 2007, and up \$110.0 million or 3.2% from \$3.4 billion at March 31, 2007. The increase in loans and leases for the three months ended March 31, 2008 as compared to March 31, 2007 was due in large part to an increase in consumer loans of approximately \$136.9 million. This increase in consumer loans was partially offset by decreases in commercial loans and real estate loans totaling approximately \$136.9 million. Total deposits were \$3.9 billion at March 31, 2007, and down \$112.4 million or 2.8% from \$4.0 billion at March 31, 2007. The decrease from March 31, 2007 was due in large part to a \$185.0 million, or 10.8%, decrease in time deposit accounts. This decrease was partially offset by a \$48.4 million increase in demand deposit accounts and a \$59.6 million increase in money market accounts from March 31, 2007 to March 31, 2008. Stockholders' equity was \$405.9 million, representing a total equity to total assets ratio of 7.76% at March 31, 2008, compared with \$397.3 million or a total equity to total assets ratio of 7.64% at December 31, 2007, and \$407.6 million or a total equity to total assets ratio of 7.99% at March 31, 2007.

Stock Repurchase Program

Under previously disclosed stock repurchase plans, the Company purchased 272,840 shares of its common stock during the three month period ended March 31, 2008, for a total of \$5.9 million at an average price of \$21.77 per share. At March 31, 2008, there were 1,203,040 shares available for repurchase under previously announced plans.

Dividend Declared

The NBT Board of Directors declared a second quarter cash dividend of \$0.20 per share at a meeting held today. The dividend will be paid on June 15, 2008, to shareholders of record as of June 1, 2008.

Corporate Overview

NBT is a financial holding company headquartered in Norwich, NY, with total assets of \$5.2 billion at March 31, 2008. The Company primarily operates through NBT Bank, N.A., a full-service community bank with two divisions, and through two financial services companies. NBT Bank, N.A. has 122 locations, including 83 NBT Bank offices in upstate New York and 39 Pennstar Bank offices in northeastern Pennsylvania. EPIC Advisors, Inc., based in Rochester, NY, is a full-service 401(k) plan recordkeeping firm. Hathaway Insurance Agency, Inc., based in Gloversville, NY, is a full-service insurance agency. More information about NBT and its divisions can be found on the Internet at: www.nbtbancorp.com, www.nbtbank.com, www.pennstarbank.com, www.hathawayagency.com.

Forward-Looking Statements

This news release contains forward-looking statements. These forward-looking statements involve risks and uncertainties and are based on the beliefs and assumptions of the management of NBT Bancorp and its subsidiaries and on the information available to management at the time that these statements were made. There are a number of factors, many of which are beyond NBT's control, that could cause actual conditions, events or results to differ significantly from those described in the forward-looking statements. Factors that may cause actual results to differ materially from those contemplated by such forward-looking statements include, among others, the following possibilities: (1) competitive pressures among depository and other financial institutions may increase significantly; (2) revenues may be lower than expected; (3) changes in the interest rate environment may reduce interest margins; (4) general economic conditions, either nationally or regionally, may be less favorable than expected, resulting in, among other things, a deterioration in credit quality and/or a reduced demand for credit; (5) legislative or regulatory changes, including changes in accounting standards and tax laws, may adversely affect the businesses in which NBT is engaged; (6) competitors may have greater financial resources and develop products that enable such competitors to compete more successfully than NBT; and (7) adverse changes may occur in the securities markets or with respect to inflation. Forward-looking statements speak only as of the date they are made. Except as required by law, NBT does not undertake to update forward-looking statements to reflect subsequent circumstances or events.

NBT Bancorp Inc. and Subsidiaries SELECTED FINANCIAL HIGHLIGHTS

(unaudited)

	:	2008	:	2007			Percent Change	
	(dollars in thousands, except per share data)							
Three Months Ended March 31,								
Net Income Diluted Earnings Per Share	\$ \$	13,716 0.43	•	14,132 0.41	\$	(\$ 416 0.02	'	-3% 5%

	_									
Weighted Average Diluted Common Shares Outstandi		2	2 251 700	2/	1 457 (าดว	2	205 2	00	-6%
Return on Average Assets		5.	1.07%		1.1		-2	-0.(-5%
Return on Average Equity			13.68%		14.	06%		-0.2	38%	-3%
Net Interest Margin (2)			3.84%			53%		0.2		6%
Asset Quality			====== March 31, 2008	D	ecembe: 2007	r 31	,			=====
Nonaccrual Loans 90 Days Past Due and Sti	1 1	\$	29,864		29,69		\$	16,29	- 94	
Accruing		\$	543	\$	88	2\$		1,069)	
Total Nonperforming Loan		; ;								
Other Real Estate Owned		\$	480	•		50 8		63		
Total Nonperforming Asse	ts	\$								
Past Due Loans Allowance for Loan and L	eage	\$	19,748	Ş	25,91	L4 i	Ş	28,49	/	
Losses Year-to-Date (YTD) Net		\$	56,500	\$	54,18	3 \$	5	50,55	4	
Charge-Offs		\$	4,161	\$	26,49	88	5	2,12	9	
Allowance for Loan and L Losses to Total Loans a	ease		, -		-, -			,		
Leases Total Nonperforming Loan	is to		1.61%		1.5	7%		1.49	00	
Total Loans and Leases Total Nonperforming Asse			0.87%		0.8	38%		0.5	1%	
Total Assets Past Due Loans to Total			0.59%		0.6	0%		0.35	58	
and Leases Allowance for Loan and L	ease		0.56%		0.7	5%		0.84	8	
Losses to Total Nonperf Loans	orming	Ī	185.81%		177.1	9%		291.10	58	
Net Charge-Offs to YTD A	verage									
Loans and Leases			0.48%		0.7			0.2		
Capital		==		===		= =	====		=	
Equity to Assets			7.76%		7.6	54%		7.9	9%	
Book Value Per Share		\$	12.65				\$	11.9	9	
Tangible Book Value Per		\$	9.13		8.		\$	8.0		
Tier 1 Leverage Ratio Tier 1 Capital Ratio			7.17%		7.1 9.8	14% 252		7.6 10.5		
Total Risk-Based Capital	Ratio							11.		
			=======							
Quarterly Common						_				-
Stock Price Quarter End	20 High	008		ц;	200' Igh			Hiq	200	6 Low
								-		
March 31 \$:	23.65		\$17.95	\$2	5.81	\$21	.73	\$23.	90	\$21.02
June 30					.45					21.03
September 30				23	8.80 5.00	17.	10	24.	57	21.44
December 31 (1) Annualized				25	5.00	20.	58	26.4	£'/	22.36
(1) Annualized (2) Calculated on a FTE	basis									
			nc. and S	ubs	idiarie	es				
SEI	LECTED		NANCIAL H naudited)	IGH	LIGHTS					
		2008		2007		Net Per Change Cha				
		 (d	ollars in							
			cept per s							
Balance Sheet as of Marc										
Loans and Leases			3,505,453							3%
Earning Assets			4,818,733							2% 2%
Total Assets		Ş	5,229,771	Ą	υ,του,	101	φ.	120,95	.0	3%

Deposits Stockholders' Equity	\$ 3,854,226 \$ 3,966,655 (\$112,429) -3% \$ 405,863 \$ 407,580 (\$1,717) 0%
Average Balances	
Three Months Ended March 31,	
Loans and Leases	\$ 3,466,360 \$ 3,398,590 \$ 67,770 2%
Securities Available For Sale	
(excluding unrealized gains	
or losses)	\$ 1,120,257 \$ 1,123,414 (\$3,157) 0%
	\$ 152,860 \$ 140,856 \$ 12,004 9%
	\$ 37,509 \$ 34,804 \$ 2,705 8%
Short-Term Interest Bearing	
Accounts	\$ 8,400 \$ 9,255 (\$855) -9%
Total Earning Assets	\$ 4,785,386 \$ 4,706,919 \$ 78,467 2% \$ 5,164,344 \$ 5,068,491 \$ 95,853 2%
Total Assets	\$ 5,164,344 \$ 5,068,491 \$ 95,853 2% \$ 3,232,999 \$ 3,245,152 (\$12,153) 0%
	\$ 5,252,999 \$ 5,245,152 (\$12,155) 0° \$ 659,417 \$ 616,938 \$ 42,479 7%
Short-Term Borrowings	\$ 303,576 \$ 265,347 \$ 38,229 14%
Long-Term Borrowings	\$ 500,294 \$ 482,025 \$ 18,269 4%
Total Interest Bearing	
Liabilities	\$ 4,036,869 \$ 3,992,524 \$ 44,345 1%
Stockholders' Equity	\$ 403,165 \$ 407,519 (\$4,354) -1%
_ - 4	
NBT Bancorp Inc. and Subsidia	
Consolidated Balance Sheets	March 31, December 31, March 31,
(unaudited)	2008 2007 2007
(in thousands)	
ASSETS	
Cash and due from banks	\$ 129,630 \$ 155,495 \$ 132,494
Short term interest bearing	
accounts	7,345 7,451 24,598
Securities available for sale	
fair value	1,127,707 1,132,230 1,107,624
Securities held to maturity (and 157,353 149,111 145,760
\$145,762 at March 31, 2008,	and 157,555 149,111 145,700
December 31, 2007 and	
March 31, 2007, respectively	
Federal Reserve and Federal H	
Loan Bank stock	41,353 38,102 30,487
Loans and leases	3,505,453 3,455,851 3,395,476
Less allowance for loan and lo	
losses	56,500 54,183 50,554
Net loans and leases	3,448,953 3,401,668 3,344,922
Premises and equipment, net	
Goodwill	103,398 103,398 103,420
Intangible assets, net	9,782 10,173 11,408
Bank owned life insurance	44,066 43,614 42,217
Other assets	95,882 96,492 92,067
TOTAL ASSETS	\$ 5,229,771 \$ 5,201,776 \$ 5,100,781
LIABILITIES AND STOCKHOLDERS'	
EQUITY Deposits:	
Deposits:	\$ 672,616 \$ 666,698 \$ 624,171
	s 672,616 \$ 666,698 \$ 624,171 et 1,656,374 1,614,289 1,632,222
Time	
TTIIC	1,525,236 1,591,106 1,710,262
Total deposits	3,854,226 3,872,093 3,966,655
Short-term borrowings	399,992 368,467 204,421
Long-term debt	424,858 424,887 392,792
Trust preferred debentures	75,422 75,422 75,422
	-,,,

Other liabilities		63,607	
Total liabilities		4,804,476	
Total stockholders' equity		397,300	
TOTAL LIABILITIES AND			
STOCKHOLDERS' EQUITY		\$ 5,201,776 \$	
		Three months e	
NBT Bancorp Inc. and Subsidiaries		March 31	
Consolidated Statements of Income	(unaudited)	2008	
(in thousands, except per share o	lata)		
Interest, fee and dividend income			
Loans and leases		\$ 58,617 \$	
Securities available for sale		13,746	
Securities held to maturity		1,514	⊥,444 740
Other		775	
Total interest, fee and dividen	d income		75,459
Interest expense:			
Deposits		22,698	25,984
Short-term borrowings		2 340	3 092
Long-term debt		4,302	
Trust preferred debentures		1,247	
Total interest expense		30,587	
Net interest income		44,065	40 629
Provision for loan and lease loss	es	6,478	2,096
Net interest income after provision and lease losses	ion for loan	27 607	20 522
and lease losses		37,587	
Noninterest income:			
Trust		1,774	
Service charges on deposit account	ts		4,469
ATM and debit card fees			1,896
Broker/dealer and insurance revent	ue		1,083
Net securities gains (losses)			(5)
Bank owned life insurance income Retirement plan administration fee	0.7	452	434 1,592
Other	E 5	2,417	
Total noninterest income		16,095	
Noninterest expense:			
Salaries and employee benefits		16,770	15,964
Office supplies and postage			1,296
Occupancy		3,610	
Equipment		1,825	
Professional fees and outside ser		3,099	1,658
Data processing and communications	S	3,170	2,877
Amortization of intangible assets		391	409
Loan collection and other real es	tate owned		377
Other operating		3,263	
Total noninterest expense		34,034	30,872
Income before income taxes		19,648	
Income taxes		5,932	
Income caxes			
Income caxes		\$ 13,716 \$	

Earnings Per Share: Basic Diluted			\$	0.43 \$ 0.43 \$	0.41
NBT Bancorp Inc. and Subsidiaries Quarterly Consolidated Statements of Income	1Q	4Q		2Q	
(unaudited)				2007	
(in thousands, except per share data) Interest, fee and dividend income: Loans and leases				\$ 60,689	
Securities available for	\$ 20,0I/	Ş 00,017	\$ 01,103	Ş 00,009	\$ 59,000
sale Securities held to	13,746	13,971	13,847	13,562	13,467
maturity				1,525	
Other				719	
Total interest, fee and dividend income				76,495	
Interest expense:					
Deposits Short-term borrowings				26,950 2 918	
Long-term debt				3,997	
Trust preferred debentures	-	-	-	1,272	-
Total interest expense	30,587	35,129	35,994	35,137	34,830
Net interest income Provision for loan and				41,358	
lease losses		13,440		9,770	2,096
Net interest income after provision for loan and lease losses				31,588	38,533
Noninterest income: Trust Service charges on	1,774	1,584	1,701	1,792	1,437
deposit accounts ATM and debit card fees				4,936 2,041	
Broker/dealer and insurance fees Net securities gains	1,107	1,052	1,027	1,093	1,083
(losses)	15	613	1,484	21	(5)
Bank owned life insurance income	452	480	467	450	434
Retirement plan administration fees	1 70.8	1 557	1 586	1,601	1 592
Other	2,417	1,973	1,908	2,058	1,784
Total noninterest income				13,992	
Noninterest expense: Salaries and employee					
benefits	16,770	14,654	15,876	13,022	15,964
Office supplies and postage				1,334	
Occupancy	3,610	2,948	2,928	2,585	3,169

Equipment	1,825	1,855	1,797	1,837	1,933
Professional fees and					
outside services	3,099	3,295	2,256	1,926	1,658
Data processing and					
communications	3,170	2,899	2,779	2,845	2,877
Amortization of					
intangible assets	391	413	413	410	409
Loan collection and other					
real estate owned	567	597	431	228	377
Other operating	3,263	4,607	3,393	3,827	3,189
Total noninterest					
expense	34,034	32,404	31,227	28,014	30,872
Income before income					
taxes		12,499			
Income taxes	5,932	3,514	6,552	5,502	6,219
Net income	\$ 13,716	\$ 8,985 \$	15,147 \$	12,064 \$	\$ 14,132
		======= ==			======
Earnings per share:					
Basic		\$ 0.28 \$			
Diluted	\$ 0.43 \$	\$ 0.28 \$	0.46 \$	0.36 \$	0.41

Contact: Martin A. Dietrich, CEO Michael J. Chewens, CFO NBT Bancorp Inc. 52 South Broad Street Norwich, NY 13815 607-337-6119

SOURCE: NBT Bancorp Inc.