



NBT Bancorp Inc. Announces Date of Third Quarter Conference Call

October 1, 2020

NORWICH, N.Y., Oct. 01, 2020 (GLOBE NEWSWIRE) -- NBT Bancorp Inc. ("NBT" or the "Company") (NASDAQ: NBTB) will release details of its financial results for the third quarter 2020 on Monday, October 26, 2020, following the market close. A conference call will be held at 8:30 a.m. (Eastern) Tuesday, October 27, 2020 to review these results.

The audio webcast link will be available on the Investor Relations page of the Company's website prior to the beginning of the conference call. The call will also be archived on the Company's website for one year and can be accessed at any time and at no cost during this period.

Corporate Overview

NBT Bancorp Inc. is a financial holding company headquartered in Norwich, NY, with total assets of \$10.8 billion at June 30, 2020. The Company primarily operates through NBT Bank, N.A., a full-service community bank, and through two financial services companies. NBT Bank, N.A. has 146 banking locations in New York, Pennsylvania, Vermont, Massachusetts, New Hampshire and Maine, and is currently entering Connecticut. EPIC Retirement Plan Services, based in Rochester, NY, is a full-service 401(k) plan recordkeeping firm. NBT Insurance Agency, LLC, based in Norwich, NY, is a full-service insurance agency. More information about NBT and its divisions is available online at: www.nbtbancorp.com, www.nbtbank.com, www.epicrps.com and www.nbtinsurance.com.

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